



THABA

2022-2024

JAINTIA EASTERN COLLEGE
ANNUAL MAGAZINE



Thaba 2022-2024

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Motto

"Education for All"

VISION

**To provide quality and affordable
Education to all sections of the society.**

Objectives

- To impart higher and quality education in rural areas.
- To provide vocational trainings to the educated unemployed youths.
- To impart skills on Information Technology.
- To provide career guidance and counseling.
- To promote environmental awareness.
- To transform the young minds through moral and ethical education based on value system

Mission

The College is committed to serve the society by developing the young generation to face the challenges of this contemporary world and to remain socio-economically alert. Through knowledge-based education, students are sensitized to be competent in the employment opportunities also. Apart from creating an atmosphere to promote all round development of an individual, the college also equip them to become good citizens and to meet the social needs of our nation, not just a mere job seekers. Through various college-activities, an awareness regarding preservation and restoration of the environment is also in the roadmap of the college.

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From the Editor's Desk

Dear readers,

I am very much delighted that Jaintia Eastern College has come out with a latest college magazine, "THABA" 2022-2023 & 2023-24. This publication is witness to the ever-lively spirit and enthusiasm and creative strength of our college fraternity, serving as a stage for spectrum of thoughts and talents of our faculty, students and staff.

This magazine explores the different themes and activities, projections of rapid advancements in the field of academics and technology and pave a way for new possibilities for our young students. In the pages, you will find insightful essays, articles, poems, reports and activities etc which are carved out from the feeling and thoughts of the writers, poets, participants in different social activities that capture the beauty and essence of our college life and art expressions that exhibits uniques and rare perspective.

Again, I extend my heartfelt gratitude to the entire editorial board, our dedicated faculty participation and every student who contributed their energy, time and talent to make this maiden magazine a reality. Your generosity, efforts, many hours of work and your cooperative, positive, spirit have knitted in this creative compilation.

Moreover, I strongly hope that this magazine "THABA" is not only a cherished record of our achievements but it shall be an inspiration for you to share your own stories, ideas and creativity. We however encourage you all the college community to take this platform to it fullest potentialities, to express yourself and continue to enrich our institution's intellectual and cultural aspects in a better way.

We look forward for your endeavour to keep on supporting to provide constructive writing and feedback to make this magazine THABA 2022-2023 & 2023-24 even better.

Lastly, this magazine THABA 2022-2023 & 2023-24 is a success and stands as a pivot that exhibits talents and wisdoms.

Best Wishes

Dr. Davidson Diengdoh
Chief Editors
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Principal's Message

Dear Students, Faculty Members, and Readers,

It is with great pleasure that I extend my heartfelt greetings to all as we unveil this edition of our **College Magazine - Thaba 2022-24**. This publication serves as a reflection of our academic journey, creative expressions, and collective aspirations as an institution dedicated to excellence in education.



In the academic years **2022-24**, the college has been going through the highs and lows while implementing the NEP 2020. Our focus is on Education Reforms under new education policy that emphasizes on holistic learning, skill development, digital integration, and flexible academic pathways, preparing students to thrive in a rapidly evolving world. As an institution, we are committed to implementing the key recommendations of NEP 2020, ensuring access, equity, and quality education for all which resonate to the motto of our college "*Education for all*".

Through this magazine, we strive to disseminate valuable information about the college and implementation status of NEP 2020, fostering awareness among students, faculty, and stakeholders. I encourage you all to engage with the insights shared, embrace lifelong learning, and contribute to the growth of our academic community.

I extend my sincere appreciation to the editorial team, contributors, and students who have worked diligently to make this magazine a reality. May this publication inspire, inform, and ignite a passion for knowledge among its readers.

Wishing you all success in your academic and personal endeavours.

Thank you

Dr. Phervison Nongtdu

Chronicles of Departments

Jaintia Eastern College, Khliehriat, since its establishment, has steadily grown into a centre of academic excellence in the region. The various departments of the college namely English, Khasi, History, Education, Economics, Political Science, Sociology, Commerce and Postgraduate Departments of Khasi and Education have played a pivotal role in this development by consistently striving for quality education and holistic student development. Each department, including Arts, Commerce, and Post Graduate wings, has maintained a unique identity while collectively contributing to the college's vision, mission and objective of empowering students, especially from rural and underprivileged backgrounds.

Over the years, departments have introduced innovative teaching practices, organized seminars, workshops, and awareness programs, and encouraged student participation in academic and co-curricular activities. With the introduction of Post Graduate courses in Khasi and Education and Certificate Courses like Computer Education, Retail Management, Beauty Care Courses and establishment of Entrepreneurship Cell (E-Cell), the college have moved beyond traditional learning, integrating skill development with academic instruction.

The Chronicles of the Departments captured these milestones, achievements, and contributions — showcasing not just academic excellence, but also outreach, research, and community involvement. These chronicles serve as a reflection of the dedication of faculty and students alike in shaping the intellectual and cultural fabric of the college.

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Department of Khasi

Mr. Deibormi Nongpoh (HoD)

The Khasi Department of Jaintia Eastern College was established in the year 1992 with Pre-University Course where Khasi is one of the subjects. In the following year (1993), it was upgraded to Three Year Degree Pass Course (Arts) and Khasi MIL as a compulsory subject. However, the Elective Khasi Paper was introduced in 1997 as an optional paper and the major /honors paper was introduced in 2005.

The college has worked hard to get a PG program at the college so that it can help the students to continue their higher studies. The availability of qualified teachers in the Department has prompted the Khasi Department, NEHU and NEHU, Shillong to permit the College to start the PG Program in MA Khasi w.e.f current academic session 2022-2023. The opening of MA Program in Khasi Department has been a blessing, in which students not only from the district, but also from outside the district have come to continue their studies.

The numbers of teachers in the Khasi department at UG programme, after the retirement of Dr. Davidson Diengdoh on 2021 are only four. In September 2023, the government appointed Assistant Professor Slendar Dkhar for this vacant post and at present these are the name of the Assistant Professors of Khasi Department at Undergraduate Programme.

| SL. No | Assistant Professor | Qualification | In-Charge |
|--------|----------------------------|---------------|-------------------------------|
| 1 | Ms. Percia Phawa | M.A. M. Phil | Parent Teacher Committee |
| 2 | Mr. Lancaster Nongtdu | M.A | Examination Committee |
| 3 | Mr. Jamphrang Lyngdoh | M.A | NSS, Sports & Games Committee |
| 4 | Mr. Deibormi Nongpoh (HoD) | M.A, M. Phil | Disaster Management Cell |

Teacher pursuing Ph.D: Shri. Deibormi Nongpoh, NEHU, Khasi Department **Departmental Activities (2022-2024)**

1. Conduct internal sessional test, class test, assignment, group discussion, assist the college to conduct University End semester examination, educational tours, departmental meeting, remedial coaching class.
2. The Assistant professor of the Department apart from the responsibility bestowed upon them, they are also holding the additional responsibility as Member Secretary and Members of various Sub committees for improving the quality of education delivered by them in the class room.
3. The Department of Khasi organized a Study tour on 4/11/2023 to Lumsohpet Bneng and Lum Raitong.

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4. Assistant Professor Lancaster Nongtdu had participated in the Orientation & Sensitization Program under MM-TTP on 12-21/02/2024.
5. Assistant Professor Percia Phawa had participated in the Orientation & Sensitization Program under MM-TTP on 12-21/02/2024.
6. Assistant Professor Jamphrang Lyngdoh had participated in the Orientation Program “On Sustainable development Goal” organized by Planning Department Government of Meghalaya in Collaboration with NSS, NEHU, Shillong at NEHU, Shillong on 4/12/2024.
7. The Khasi Department in cooperation with KAS Central body and KAS Khliehriat Branch, to Commemorated the death Anniversary of u Soso Tham has organized a seminar, under the theme “*U Synñiang u Soso Tham sha ka Jaitbynriew Khasi*” on 18th December 2023. In This Seminar there are 127 participants.
8. Assistant Professor Deibormi Nongpoh had done the work as an Editor of these two books:
 - a. *Ka Jingsdang Ka Hima Langrin Haduh Ka Por U Nongtei Singh Syiemiong* (Written by Mr. Daniel Stone Lyngdoh)
 - b. *Aïu Ngïn Leh Ha Jingim Ba Tang Shisien?* (Written by Mr. Daniel Stone Lyngdoh)
9. A small Research article entitle “*Ha Thangbuli, Jaraiñ Bad Ha Nongtalang Ka La Ju Don Ka Thangbuhalo Ne Ka Thangbuhala*” was published by Assistant Professor Deibormi Nongpoh in Regional Newspaper on 10/12/2023.
10. Assistant Professor Deibormi Nongpoh give a short speech under the topic “U Myllung Soso Tham kum u nongïohi jngai ha ki Poitri” invited by AIR, Akhashvani Shillong Broadcast on 12/12/2024.
11. Assistant Professor Lancaster Nongtdu completed the Certificate course on Development Research Methods from SWAYAM.
12. Assistant Professor Lancaster Nongtdu has participated the Orientation & Sensitization Program under MM-TTP on 12-21/02/2024.
13. Assistant Professor Slender Dkhar presented a paper onthe topic “*Ka Pule Bishar Bniah İa Ka Ktien, Literashor Bad Ka Kolshor Kat Kum Ki Sengnia Bapher*” at the seminar held on 21/11/2023 organized by Khasi Department NEHU, Shillong.
14. Assistant Professor Slendar Dkhar has participated the Orientation & Sensitization Program under MM-TTP on 12-21/02/2024.

Implementation of NEP 2020

The implementation of NEP 2020 in 2023 brought significant changes to the curriculum. This Four-Year Undergraduate Program will familiarize students with various genres of Khasi literature, including poetry, drama, fiction, and prose. The program aims to introduce and expose students to literary theory and criticism. It will also provide exposure to other literatures through translations from Sanskrit, Greek,

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English, and other languages into Khasi, primarily using English as a filter language. The program also includes courses on Khasi language studies, Khasi culture, and translation. Additionally, it offers courses designed to enhance students' skills and abilities.

Programme outcomes:

1. Enabling students to develop an in-depth understanding on the various genres of literatures.
2. Equipping students with the ability of critical reading of literary texts and of identifying various themes contained in the texts.
3. Development of moral and critical understanding on various issues found in literary text.
4. Students will be equipped with the knowledge of grammar as well as communicative competence.
5. Equipping students with the knowledge of the principles, strategies and types of translation.
6. Development of human values and the spirit of patriotism and nation building.

Enrolments Strength of the Department 2022-2023 & 2023-24

| Class | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|---------|--------|-------|---------|--------|-------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 09 | 22 | 31 | 10 | 26 | 36 |
| Third/Fourth Semester | 11 | 12 | 23 | 7 | 13 | 20 |
| Fifth/Sixth Semester | 08 | 17 | 25 | 9 | 12 | 21 |

B.A Sixth Semester Result Batch 2019 & Batch 2020 June 2023

| Session | Appeared | | Total | Passed | | Total |
|---------|----------|--------|-------|--------|--------|-------|
| | Male | Female | | Male | Female | |
| 2022-23 | 04 | 11 | 15 | 04 | 10 | 14 |
| 2023-24 | 08 | 17 | 25 | 05 | 14 | 19 |

Student's Academic Progression

| Name of students | Progression | Year of Admission | University |
|-------------------------|-------------|-------------------|-----------------|
| Smt. Eibadaphi Sukhlaiñ | MA | 2022 | NEHU, Shillong. |
| Smt. Glory Nongtdu | MA | 2022 | JEC, Khliehriat |
| Mr. Forme Malang | MA | 2023 | JEC, Khliehriat |
| Mr. Phraki Syrta | MA | 2023 | JEC, Khliehriat |
| Mr. Diwabha Khaïi | MA | 2023 | JEC, Khliehriat |

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English Department

Smt. Dianghun Shadap
(HoD)

The department of English came into existence since the day Jaintia Eastern College was established in 1992 as a subject in Pre-University Course and subsequently upgraded to Undergraduate Course in 1993. Mrs. Sukla Roy was the founder lecturer.

At present, 5 (Five) fulltime teaching staff associated with the department. Honour Course in the subject was started/introduce in 2015 besides teaching Compulsory English paper in Commerce department.

Objectives

- To achieve the vision, mission and objective of the college
- To facilitate students to achieve their potential capabilities and ensure overall development of individual

Faculty Strength

| Sl. No | Lecturer/Assistant Professor | Qualification | Additional Charge |
|--------|------------------------------|---------------|--------------------|
| 1 | Smt. Affinda Gretty Lapasam | MA | NCC Girls Wing |
| 2 | Shri. Firsterborn Dkhar | MA | Anti-Ragging & PMS |
| 3 | Smt. Dianghun Shadap | MA | Head of Department |
| 4 | Shri. Emidau P. Sohsley | MA | NCC Boys Wing |
| 5 | Smt. Pinky Alabaster Lamare | MA. NET | SWAYAM/MOOCs |

Teacher pursuing Ph.D: Shri. Emidau P Sohsley, Martin Luther University, Shillong

Programme Outcomes (PO)

The main motive upon completing the programme is to ensure that the students are being provided with best quantity and quality of education. The course helps the learners to enhance writing, reading, listening and communication skills. It instills in the learners the freedom of imagination, creativity and critical thinking to make them able to value one's knowledge on subject and culture. The students will be able to cultivate and harvest different walk sections of people (gender, racial and ethnic minorities) and helped them give critical responses from different perspectives. Enhance employability by developing their linguistic competence and communicative skills.

Course Outcomes (CO)

By the end of the course, the students understand poems and equipped themselves with techniques used in fiction as well as to

understand the major and minor plots. It helped students to identify the elements of poetry and also encourages them to involve him/her in writing short stories. They acquired knowledge about elements of drama, history of different literary ages, familiarized them with numbers of great writers, criticism, and different schools of criticism of different ages. It enhanced student's critical thinking and enabled them to compare Poems of American Literature with the Indian Writing in English.

Specific Outcome (SO)

By the end of the programme, the students will be thorough in reading works with theoretical basis. They will be capable of interpreting and exploring relationships from the point of view of different people. The students being inspired by fiction will helped open up their minds to stimulate the sympathetic/ empathic imagination which will allowed them to see the world through other's eyes as well as to foster intercultural dialogue.

The students learnt to approach and appreciate Indian literature in English and its uniqueness. They developed the capacity to form an idea of the complex nature of literary studies and how they are entangled with other aspects of the social body. The course also enabled students to learn the literary terms and various streams in literary criticism. The students inculcate a literary, aesthetic and critical awareness of diverse cultures and literary creations at a broader vision of the world. They also came to know about the evolution of the feminist movement and familiarizing them with the various issues addressed by feminism which they can sensitized the issues like marginalization and subjugation of women. They developed a sensible response to great classics in translation and fine tune analytical skills with a view to achieving a broad, wholesome vision of life.

Courses / papers taught in the Department: Poetry, Elective English, Fiction, Drama, Language & Hist. of English Lit. Compulsory English (Arts & Commerce), Alt. English (Arts & Commerce), Literary Criticism, American Literature, Indian Writing in English, Communication skills, Communication English, Ability Enhancement Course, and Skills Enhancement course, Academic Writing, Critical Reading.

Career Option: Teaching, Journalist, Content Writing and Blogging, Creative Writer, Law, Translator, Editor, Civil Services, Motivational speakers, Call-Centre, etc.

Departmental Activities:

- The department conducted tests, sessional tests, home assignment and other extracurricular activities. Assist the college in conducting university examination.
- Conducts monthly departmental meetings, discussed academic and non-academic activities, syllabus coverage. Time Table, date for Class

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& Sessional Tests, Assignment topics, teaching plan and allotment of topics to individual teacher.

- The department properly maintains Teacher Manual-Cum-Record Book and Self-Appraisal for Academic Performance Indicators (API).
- Conduct Remedial Coaching Classes.
- Online classes (if needed) and sharing of study materials, notes, etc. via Whatapps etc.
- Assistant Professors organized and participated in seminars, trainings and workshops in and outside the college
- Organized activities like short skit, literary treasure hunt, debate, group discussion and reading

Mentor-Mentee: Students are grouped in equal numbers and mentors are appointed by the college for Guidance/Counselling, solution to specific problem areas of individual students is resolved.

Future Plans: Study tour, exchange teaching with other colleges, Communication Skills.

Enrolments Strength of the Department 2022-2023 & 2023-24

| Class | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|---------|--------|-------|---------|--------|-------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 06 | 15 | 21 | 07 | 14 | 21 |
| Third/Fourth Semester | 10 | 09 | 19 | 05 | 07 | 12 |
| Fifth/Sixth Semester | 04 | 24 | 28 | 08 | 09 | 17 |

Sixth Semester Result Batch 2019: Examination July 2022.

- Appeared: 23
- Passed: 23
- % of passed: 100%

*We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called opportunity and its first chapter is New Beginning”
– Edith Lovejoy Pierce*

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Department of History

Ms. P. Syrpailin Phawa,
HoD

The Department of History at Jaintia Eastern College was established in 1992, initially offering the subject as a subsidiary in both the Pre-University and Undergraduate courses. It was later upgraded to an Honours course in 2004, marking a significant academic advancement. The department was initially headed by Smt. Mamoni Kharshiing, who served as its first lecturer. In 1997, she was succeeded by Dr. (Mrs.) R. M. Nongtdu.

Since its inception, the department has continued to grow and flourish under the dedicated leadership of successive Heads of Department and the wholehearted support of its committed faculty members. Among them was the late Speinglang Rymbai, who joined the college in 2000 as an Assistant Professor in the Department of History. He later served as Head of the Department from 2016 until 2024.

In addition to his academic duties, late Speinglang Rymbai played an active role in institutional development, serving as the teacher-in-charge of the Disaster Management Cell and the Music & Cultural Committee. He was widely respected for his dedication, humility, and unwavering commitment to the college. Known for his sincerity and tireless work ethic, he never raised complaints and remained devoted to the upliftment of the institution. He led the department with care and responsibility until his untimely demise.

Strength of Faculty members

| Sl. No | Lecturer/Assistant Professor | Qualification | Additional Charge |
|--------|------------------------------|---------------|-------------------------------|
| 1 | Dr (Mrs). R. M. Nongtdu | MA.Ph. D | Research and Development Cell |
| 2 | Ms. P. Syrpailin Phawa (HoD) | MA. NET | Classroom Management |
| 3 | Miss. Hanahbell Lapasam | MA | Programme Officer NSS Unit |
| 4 | Ms. Thywillbedone Dkhar (C) | MA | |

Objective of the course:

The objective of the courses is to provide broad knowledge of human history and particularly of the areas and theme as per curriculum/syllabus arranged and designed by the affiliating

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university. To introduce the students to the basic concepts of the subject matter of History, familiarize students with the broad socio-economic and political development in the Indian sub- continent.

Programme Outcomes:

The students familiarized with the broad socio economic and political developments in the Indian sub-continent from the Harappan Civilization till the 13th Century AD. It helped the students to learn the main trends and developments of India economy during the medieval and modern period. The students know the basic concept of historiography and history-writing method. The programme helped the students to know the major development of History from 15th Century to World WarII, and major political, social, economic and scientific development in the contemporary world. It also helped the students to know the beginning and growth of modernization in South East Asia, and North East India.

Course Outcomes:

The students learnt the emergence of the Vedic culture and helped them to understand the society, economy, polity and religion as reflected in the Rig Veda. Students also learnt the emerged of Mauryan Empire and its culture. They know arts and architecture of various empires including during Asoka period, Sangam age, Gupta and post Gupta period and post Gupta period and Cholas dynasty. It gives knowledge about the Arab invasion and the Delhi Sultanate.

The rise of regional powers and policies of colonial expansions were also learnt by students. They know and learnt about the resistance to colonial rule, National movement, rise of economic nationalism, Partition of Bengal and Muslim league; Role of Gandhi in the national movement; major trends in historiography from the classical age to the twentieth century; Unite Nations Organization (UNO), etc.

Specific Outcomes:

The study of History helped students to earn knowledge of different historical period and with the knowledge about the works done by some historian of that period. The Study of history provides the students with standard and up to date knowledge of historical events, impact, war and history. The students also acquired knowledge of the historical events of the Ancient, Medieval, Modern and European history in new aspects.

Career option:

The Students, who choose history as their honour subject, can opt a career in Research Institute, Archaeology, Meusology Tourist guides, teachers, government servant and competitive examination.

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Activities of the Department:

The Department conducts monthly sessional tests and home Assignment which were to be presented in the class. Besides, these the teacher's guide the students to use the library, and discussed previous years question papers. Study tours were also organized to expose them to historical facts and draws an interest in the subject.

Future Plan: To start Add on Course on Museology

Enrolment strength of the Department 2022-23 & 2023-24

| Class | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|---------|--------|-------|---------|--------|-------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 04 | 02 | 06 | 01 | 01 | 02 |
| Third/Fourth Semester | 02 | 07 | 09 | 03 | 02 | 05 |
| Fifth/Sixth Semester | 02 | 03 | 05 | 01 | 06 | 07 |

Result Analysis Final year (6th Semester) Batch 2019 June 2022

Appeared: 08
Passed: 06
Pass Percentage: 83%

Result analysis Final year (6th Semester) Batch 2020 June 2023

Appeared: 05
Passed: 05
Pass Percentage: 100%

Walt Disney once said: All our dreams can come true, if we have the courage to pursue them

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Education Department

Dr. (Mrs) Pyrkhatlang A Shadap

HoD

The Department of Education started since the establishment of Jaintia Eastern College on the 1st August 1992 for the Pre-University (Arts) and upgraded to BA pass Course and BA Honours course in 1993 and 2012 respectively. Shri. Namrhen Shylla was the founder Lecturer. Despite many problems face in the course of it development the Department carry out its academic and non-academic activities successfully.

At present the faculty strength of the department are:

| Name | Qualification | Additional Charge |
|---------------------------------|-----------------|-----------------------------------|
| Smt. Eva Aibok Nongtraw | M.A, B. Ed, NET | Implementation Committee NEP 2020 |
| Dr. (Mrs) Pyrkhatlang A. Shadap | M.A, Ph. D | Head of Department |
| Smt.Theilinda Kyndait | M.A, B. Ed, NET | Alumni Committee |
| Smt. Sophikitbok Dkhar | M.A, B. Ed, NET | Remedial Coaching Class |

Objectives:

- To bring about overall development of the students, by providing opportunities to cultivate the right interests, attitudes and intellectual values for the sustainable development of the individuals, communities and nation.
- To equip the students to continue higher studies in the field of education.

Programme Outcome:

The student after completing course at graduation level in education will develop an understanding of major concepts theoretical, principals in Education. And they will have an ability to work effectively in diverse field of Teaching – Learning process. They will be able to employ critical thinking and efficiency in problems solving, effective writing and oral communication skills. It enable the students to use modern library, searching and retrieval methods to obtain information about a topic, or an issue relating to Education. Moreover, they will understand the ethical, historic, philosophic and environmental dimensions of problems and educational issues.

Course Outcome:

After completion of the course it will help students to understand the meaning, nature, scope, aims and philosophy of education. It will help the students to comprehend the factors of education and their relationships as view by different Western and Indian Philosophers. The course also helped

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to discuss the meaning, nature and scope of Educational Sociology, Psychology in education. The students learnt the concept and theories of intelligence and creativity, about personality and its development.

Specific Outcome:

The students after completing the course would specifically understand the need and important of education and would be able to apply their learning about psychological and educational sociological in all aspect of life in an appropriate way. The students would also learn to identify and apply the different Educational Technology needed in Educational Management and Educational Technology.

Courses/Paper Taught: The Department offer different courses and papers as per the course offer by the affiliating university.

Career Options:

Educators and educational administrators, civil services, public policy, law, mass media, journalism, teaching, counselors, human resource management. To be employed in private or government school as teacher.

Activities:

- For smooth functioning of the department, the faculty members conduct monthly meeting to discuss the time table, syllabus, assignment, class test, regularity and punctuality of the students, performance of the students, analysis of result, enrolment of students and other needs of the students and department
- Organized group discussion and presentation
- Conduct sessional test, class test, assignment, discuss students performance and assess the students both formative and summative assessment
- The faculty of the department attended and participated in seminars, workshop, training in and outside the college. Furthermore, the faculties join different online courses through SWAYAM platform.
- Organizes field trips/study tours.
- Besides teaching, the Assistant Professors of the department take part in other non-academic activities conducted outside the college which was regarded as a positive contribution towards the society.

“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandel

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Seminar/Training Attended/Participated:

| Sl. No | Name | Programme Title | Organized | Date |
|---------------|-----------------------|--|-------------------------------|---|
| 1. | Dr. (Mrs) P. A Shadap | 7 Days National Level Online FDP on OBE | Nirmala College, Muvattupuzha | 10 th – 17, May, 2023 |
| 2. | Dr. (Mrs) P. A Shadap | One Day National Webinar on “Academic Bank of Credits” | HRDC, NEHU | 25.05.2023 |
| 3. | Dr. (Mrs) P. A Shadap | One Day National Webinar on “Establishment of Research and Development Cells in HEIs | HRDC, NEHU | 17.11.2023 |
| 4. | Dr. (Mrs) P. A Shadap | Malaviya Mission Teacher Training Center | MMTT Center, NEHU | 06.11.2023 to 16.11.2023 |
| 5. | Dr. (Mrs) P. A Shadap | One Day National Webinar on “National Credit Framework” | HRDC, NEHU | 01.03.2024 |
| 6. | Smt. T. Kyndait | Student Psychology | SWAYAM | 02.12.2023 |
| 7. | Smt. T. Kyndait | Malaviya Mission Teacher Training Center | MMTT Center, NEHU | 12 th – 21 st Feb, 2024 |

Participated in Seminar/Workshop and Training as Resource Person

| Sl. No | Name of the Resource Person | Programme Title | Organized | Date |
|---------------|------------------------------------|---------------------------------|-----------------------------------|---------------------------|
| 1. | Dr. (Mrs) P. A Shadap | Teacher’s Development Programme | Jingiaseng Samla KJP Synod Mihngi | 19 th May 2023 |
| 2. | Smt. Sophi Kitbok Dkhar | Teacher’s Development Programme | Jingiaseng Samla KJP Synod Mihngi | 19 th May 2023 |

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Student progression:

| Sl. No | Name | Department | University | Year |
|--------|-------------------|---------------|-------------------------|------|
| 1 | RihunlangDkhar | M.A Education | NEHU, Shillong | 2023 |
| 2 | IsikapayaRymbai | M.A Education | Jaintia Eastern College | 2023 |
| 3 | Lily Sympli | M.A Education | Jaintia Eastern College | 2023 |
| 4 | JesperDkhar | M.A Education | Jaintia Eastern College | 2023 |
| 5 | Jenny Shylla | M.A Education | Jaintia Eastern College | 2023 |
| 6 | Dienki Siangshai | M.A Education | Jaintia Eastern College | 2023 |
| 7 | Kamniki Siangshai | M.A Education | Jaintia Eastern College | 2023 |

Best Practices:

- Properly maintained Teacher's Manual-Cum – Record Book and self appraisal for Academic Performance Indicators (API).
- Maintain prescribe numbers of Teaching days the Department take Remedial/coaching class to all the semesters.
- Follow-up method for effective teaching and learning activity.

Future Plan:

1. To organize activity based program particularly for Multidisciplinary Course and Skill Enhancement Course.
2. To attend seminar, workshop and different training programme through online and offline.
3. To motivate teachers to join SWAYAM course.
4. To encourage students to join SWAYAM course.

Enrolment 2022-23 & 2023-24

| Semester | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|---------|--------|-------|---------|--------|-------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 05 | 19 | 24 | 08 | 15 | 23 |
| Third/Fourth Semester | 06 | 22 | 28 | 02 | 14 | 16 |
| Fifth/Sixth Semester | 11 | 18 | 29 | 05 | 21 | 26 |

Result Analysis Bachelor of Arts Final (Sixth Semester)-Batch 2019 Examination June 2022 and Batch 2020 June 2023

| | | | | |
|-----------------------|---|-----|-------------|--------|
| 1. Appeared | : | 16 | Appeared: | 29 |
| 2. Passed | : | 14 | Passed: | 21 |
| 3. Percentage of pass | : | 87% | Percentage: | 72.41% |

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Department of Economics

Smt. Renuka Pde (HoD)

Introduction:

The Department of Economics came into being in 1992 as one of the subjects at Pre- University course in Arts and later upgraded to BA Pass Course and BA Honours Course in 1993 and 2015 respectively. The aim of the Department is to impart quality-based education to the students of the area and also to provide latest information and knowledge as to make students better citizens not only in the field of economics but in all walks of life.

At present the department had 4(four) faculty members working in the Government sanctioned post.

Faculty members

| Name | Qualification | Additional charge |
|-----------------------|---------------|------------------------------|
| Smt. Renuka Pde | MA | HoD |
| Smt. F. Dalamky lytan | MA | RRC |
| Smt Deogratia.P Bareh | MA | Cultural committee |
| Smt Dakaru Bareh | MA | Internal Complaint Committee |

1. Smt. Renuka Pde
2. Smt. Deogratia. P. Bareh
3. Smt. F. Dalamki Lytan
4. Smt. Dakaru Bareh

Courses/ Papers taught in the Department /Four Year Under Graduate (FYUG) Programme under NEP, 2020

The course taught that span a broad range field which include Economic Theory, Environmental Economics, Indian Economy, Mathematics for Economics, Advance Economics, International Economics, Statistics, Public Economics and different areas of macro and microeconomics, etc.

The objective of the course:

1. To make the students capable of critical economic analysis related to micro and macro variables at Undergraduate level, the Indian economic features including Agriculture, Industry and various aspects of economic reforms, international economic principles, environmental economics, etc.
2. To generate talents of high profile through various academic programme and to serve the corporate world and government.

Programme Outcomes

The Undergraduate programme in Economics aims to

1. Develop a comprehensive understanding and critical thinking among students.
2. Impart knowledge of key economic theories and policies.
3. Develop an ability to utilise the knowledge to examine and analyse past and present economic situations and issues.
4. Impart skills using mathematical and statistical tools to develop the ability for economic analysis.
5. Facilitate development of a deeper insight in each individual so as to enable him/her to opt for challenges of self-employment in the face of broadening gap between the number of graduates and the number of available jobs.
6. Create an understanding of the importance of economic, social and environmental dimensions for the promotion of sustainable development.
7. Engage in lifelong learning in the principles and practices of economics in the context of evolving social change.

Course outcomes:

The course provides the basic foundation for economic analysis and helped the students able to analyse consumer and producer behaviour and decisions making in the market. The students acquired knowledge to solve the basic microeconomic problems that deals not only with the basic international economics principles but also on the government policies on economics, the course helped the students understand the features of Indian Economy including agriculture, industry and various aspects of economic reform, etc.

Specific outcomes:

The students learnt different development models, interpersonal aspects of economics development and issues related to economy environment interactions, control environmental changes, etc. They also learnt the features of Indian economy, economy of North-Eastern region of India, Mathematic for economist and tools used for analysing various concepts of economics principles. The students acquired knowledge on basic tools of statistics and methods in analysing various economic phenomenon in tern of consumers, producers, and market behaviour.

Placement:

Work as faculty members in colleges and other academic institutions both within and outside the district. The passed students are also engaged in banks, insurance, and other public sector industrial and service organizations.

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Enrichment Course (Add on Course/Skill Education):

The Department is proposed to offer one Enrichment/Foundation courses/Add on course/ Skill Education in “Fundamental of Tourism” from the academic session 2022-2023 for students of 5th and 6th semesters.

In house Activities

1. Active participation of students in Paper presentation, Quiz, Creative writing, Debates, and other inter and intra College activities.
2. Involvement of students in seminar on contemporary issues, participation in Group Discussions related to relevant topics
3. The teachers and students’ participation in various training and workshops in the college
4. Active participation in NSS activities and cultural programmes
5. Apart from teaching learning activities, Group Discussion Class Room Seminar (with power point presentation) Quiz Competition, Extempore are also organized.

Students’ progression and Achievement

1. Good academic performance of students in University Examinations Miss Looking Pala (Batch 2019-22) ranked first (66%) in the End Semester Examination 2022.
2. Miss Etymon Kyndait (Batch 2018-21) currently pursues B. Ed at USTM University, Baridua, Meghalaya.
3. Miss. Chemis Bareh (Batch 2017-20) self-employed. She had started her own bakery Shop at Dkhiah West, East Jaintia Hills District.

Enrolment 2022-23 & 2023-24

| Semester | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|----------------|--------|--------------|----------------|--------|--------------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 08 | 01 | 09 | 02 | - | 02 |
| Third/Fourth Semester | 04 | 04 | 08 | 07 | - | 07 |
| Fifth/Sixth Semester | 0 | 01 | 01 | 04 | 04 | 08 |

Result of 6th Semester Batch 2019: Examination June 2022

- BATCH 2019: 75%

Result of 6th Semester Batch 2020: Examination June 2023

- BATCH 2020: 100%

Future Plan:

1. To start Add on Course on “Tourism and Entrepreneurship” for the students of 5th and 6th semester from 2022-23

Department of Political Science

Beket Siangshai HoD

About the department

The Department of Political Science was established in 1992, the same year the college was founded. To meet the growing academic interest among students, a Major Course was introduced in 2005. At present, the department offers an undergraduate B.A. (Honours) programme in Political Science.

This undergraduate programme continues to be one of the most popular and respected courses, engaging students with the study of society, government, and the state. Under the Four-Year Undergraduate Programme (FYUG) framework of the National Education Policy (NEP) 2020, the course is designed to develop students' theoretical knowledge, conceptual clarity, scientific understanding, and analytical skills.

Students are required to complete fifteen compulsory core courses over six semesters during the first three years of the programme. In accordance with university guidelines, each course carries 100 marks, of which 75 marks are allotted for the end-semester examination and 25 marks for internal (sessional) assessments. The end-semester question paper will include two questions from each unit, and students must answer at least one question from every unit.

Course Objective

- Provide a comprehensive introduction to the fundamental concepts, ideas, and theories of Political Science.
- Enhance communication and public speaking skills for effective engagement in academic and social settings.
- Explore political processes in India and the influence of socio-economic factors on policy-making.
- Emphasize human rights, gender equality, women's empowerment, and feminist thought to promote social sensitivity and inclusivity.
- Study classical and modern political theories, socialist ideologies, and public administration.
- Conduct comparative analysis of political systems in the UK, USA, Russia, and China.
- Analyze Indian administration and regional politics with special reference to Northeast India.
- Gain critical insights into the structure, roles, and challenges of the United Nations.
- Prepare students for responsible participation in national and global political affairs.

Learning Outcome

- Critically understand and analyze key political concepts, theories, and contemporary issues using diverse perspectives.
- Develop effective communication and public speaking skills with the confidence to engage in academic and social discourse.
- Gain insight into the Indian political system, including constitutional and socio-economic dimensions.
- Deepen awareness of human rights, gender justice, and women's empowerment.
- Apply conflict resolution strategies and interdisciplinary approaches to address political and social challenges.
- Acquire foundational knowledge in International Relations, Public Administration, and Public Policy.
- Develop comparative analytical skills through the study of global political systems (UK, USA, Russia, China).
- Understand Indian political thought, democratic principles, and the political context of Northeast India.
- Engage with feminist theories and assess legal/institutional mechanisms for promoting gender equality.
- Analyse the structure, functions, and global relevance of the United Nations.
- Reflect on the challenges of international cooperation in an evolving global landscape.

Programme Outcomes

- Build a strong foundation in fundamental, theoretical, and advanced areas of Political Science.
- Foster critical thinking and interdisciplinary understanding of political, economic, and social issues.
- Develop analytical skills to thoughtfully examine political problems and scenarios.
- Encourage informed, responsible citizenship and active engagement in civic life.
- Expose students to diverse academic and professional pathways in Political Science.
- Promote personal growth, confidence, and a competitive spirit for career success.
- Provide in-depth knowledge of political institutions, processes, and democratic values.
- Cultivate sustained interest in national and international political affairs.

Presently, the department has four faculties serving under government sanctioned post. The faculty members are:

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Faculty Strength

| Sl. No | Name | Qualification | Additional Responsibility |
|--------|-----------------|---------------|---------------------------|
| 1 | Jinalin Pyrnge | MA | Purchase Committee |
| 2 | Nishwa Rymbai | MA. NET | IQAC |
| 3 | Beket Siangshai | MA | Mentor-Mentee |
| 4 | Ridalabha Dkhar | MA | SGRC |

Teacher pursuing Ph.D: Shri. Beket Siangshai, William Carey University, Shillong

In House Activities

- Paper presentation by the students
- Group discussion
- Mock parliament
- Observance of Constitution Day
- NSS camping
- Participation in seminars and workshops

Future Plan

- To organize national and international seminars & talk by outstanding personalities
- To organize field trip visit to the Assembly session, Meghalaya High Court, Governor House etc.
- To conduct mock parliament and mock election

Students Progression

Miss. Joyly Nongtdu and Miss. Roselyn Nongtdu are currently pursuing their B. Ed programme from Kolkata

Miss Hanidarimeka Pajuh and Nida Pakem are currently pursuing their post graduate from IGNOU and ICFAI Universities respectively

Enrolment 2022-23 & 2023-24

| Semester | 2022-23 | | Total | 2023-24 | | Total |
|-----------------------|---------|--------|-------|---------|--------|-------|
| | Male | Female | | Male | Female | |
| First/Second Semester | 15 | 13 | 28 | 26 | 16 | 42 |
| Third/Fourth Semester | 06 | 16 | 22 | 11 | 10 | 21 |
| Fifth/Sixth Semester | 0 | 05 | 05 | 05 | 15 | 10 |

Result of 6th Semester Batch 2019: June 2022 & Batch 2020: June 2023

| | | | |
|-----------------|------|-------------|------|
| ➤ Appeared : | 14 | Appeared: | 05 |
| ➤ Passed : | 11 | Passed: | 05 |
| ➤ % of passed : | 78 % | Percentage: | 100% |

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Department of Sociology

Smt Ri-Akor. M. Dkhar (HOD)

The relatively young department of sociology came into being in 2017 to commemorate the Silver Jubilee Celebration of the college on getting permission and affiliation from North Eastern Hill University, Shillong. Smt. Shida Siangshai and Smt. Thywillbedone Bareh are the founder lecturers. The Department as a discipline has witnessed significant development within a span of seven years till date. Since its introduction, the subject has seen phenomenal success and continually expanding to cater the needs of the students. We hope this young department will contribute to the academic achievement of the college in the years to come and we are optimistic that the department will continue to strive ahead for excellence.

Objectives:

- 1) To teach students the sociological concepts, theories, research methods and the dynamics of society
- 2) To introduce students to the basic social processes of society, social institutions and patterns of social behaviour.
- 3) To train students to understand and to interpret objectively the role of social processes, social institutions and social interactions in their lives.
- 4) To enable students to cope effectively with the socio-cultural and interpersonal processes of a constantly changing complex society.
- 5) To enable students develop the ability to think critically and become active members of society.
- 6) To enable students analyse quantitative and qualitative data so as to understand society and social structure.
- 7) To train students to examine social issues critically.
- 8) To enable students promote social sensitivity, responsibility and social harmony.

Major areas that will be covered under UG (Sociology) Programme Semester wise are:

- B.A 1st Semester –Soc-100: Introduction to Sociology
- B.A 2nd Semester-Soc-150: Principles of Sociology
- B.A 3rd Semester-Soc-200: Society in India & Soc—201: Social Change
- B.A 4th Semester-Soc- 250: Classical Sociological Thinkers, Soc-251: Sociology of Family and Kinship, Soc- 252: Rural Sociology, and Soc-253: Urban Sociology
- B.A 5th Semester-Soc -501: Family and Kinship& Soc-502: Economic Sociology
- B.A 6th Semester-Soc-601: Sociology of Religion& Soc-603: Research Methodology

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Faculty strength: The Department is managed by a team of 4 (Four) dedicated and qualified teachers who are not only actively engaged in imparting knowledge to the students but are also involved with extra-curricular activities namely: -

| Sl. No | Name | Qualification | Additional Committee | Charge |
|--------|--------------------------|---------------|-----------------------------|--------|
| 1 | Smt. Shida Siangshai | MA | Disciplinary | |
| 2 | Smt. Thywillbedone Bareh | MA | Hospitality | |
| 3 | Smt. Ri-Akor.M. Dkhar | MA | Legal Care & Support Centre | |
| 4 | Smt. Purify Swer | MA | Health and Sanitation | |

Teacher pursuing Ph. D: Mrs. Thywillbedone Bareh, Martin Luther University, Shillong

Career option:

One of the most frequent questions students ask about sociology is, "What can I do with sociology degree?" The answer is that the career potential of sociology majors is almost limitless. Sociologists are employed by research institutes, administrators, civil service administration, welfare organizations, private businesses, law firms, educational institutions, survey and polling organizations, community organizers, as counsellors in secondary school teachers, youth outreach librarians, family outreach coordinators or social workers, non-profit organization and beyond. Sociology graduates can use their research skills, communication abilities and knowledge of societal trend to help companies what products and services people want.

Departmental Activities:

- Assignment Topics
- Consultation in Library
- Discussion on oOd previous years question papers
- Group Discussion and paper class presentation
- Educational Tour
- Conducted two sessional tests for the odd semester students and even semester.
- Remedial coaching class
- Manual Record Book – maintained and update regularly
- Attendance management- 80% (regularly)

Future prospects:

- 1) Recognizing the challenges and as suggested by the NAAC peer team visit in 2021, the department has adopted steps to start some extra co-curricular activities like debate, quiz and power point presentation.

- 2) The department having established itself as a leading one in the college is looking forward to expanding to Post Graduate level; the purpose is to bring in more relevant and innovative courses that have greater prospects.

Programme Outcomes:

Upon successful completion of the programme, the graduate students would be able to understand basic concepts and theoretical perspectives in Sociology and they know how to use sociological explanation of social behaviour. They will understand the method of data collection, analyse and interpret empirical evidence in sociological research. Gain familiarity with and develop core areas of sociological inquiry it helped the students to express sociological ideas clearly and coherently both in writing and in oral presentations. Sociology learning also provides initial knowledge about society, and social interactions. It prepares an individual to social life by inculcating values, norms and manners.

Course Outcomes:

The course outcomes familiarized the students to basics concepts in Sociology, its origin, nature and scope. It helped students to understand the empirical realities of the Indian Society and the development of Sociology in India. The students learnt about the classical thinkers, sociological thinkers, and institution of family, marriage and kinship. The course also helped to examine the interplay between economy and society, to examine the interface between polity and society. The course also helps to understand social control agencies and their influences and culture, its elements and socialization. It also helps to understand the basic concepts like structure and function of society, values and role and status. Sociology helps to study social change, social facts, and social welfare for both rural and urban India. It enables the learners to know the concept of sex and Gender, status of women in Indian society, weaker section, gender issues and policies related to women empowerment.

Specific Outcomes:

The specific outcomes helped the student to appreciate the complexity and diversity of social institutions. Developed the skill of writing based on field works and to be able to apply different research method and learnt the relationship of Sociology with other disciplines. The course enables the students to understand the various aspects of caste and tribal societies in the country, helps to understand the theoretical formulations and arguments provided by various thinkers and develop insight to examining social phenomena. It helped the students to familiarize with basic conceptual understanding of the institution of family, marriage and kinship particularly in North East India. The students learnt and exposed to the various dimensions of political sociology such political system, elites and political parties by studying Sociology. As a subject, Sociology helped

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students learnt an important analytical tool to study and understand social life in the contemporary world.

Performance and Students Progressions:

Students have been consistently performing well not only in the sessional tests and examinations but also external examination conducted by the affiliating University.

- i Miss Affilia Phawa Batch 2020-2023 ranked first (65.75%) and currently she's pursuing her master degree at Northeast Adventist University, Khliehtyrshi.
- ii Miss. Iohidaphi Dkhar Batch 2020-2023 ranked first (60.13%) and currently she's pursuing her master degree at Northeast Adventist University, Khliehtyrshi.
- iii Mr. Dutrehiwatip Supooh Batch 2020-2023 ranked second and currently he is pursuing his master degree at Martin Luther Christian University, Shillong.
- iv Miss. Triyowanbiang Suja Batch 2021-2024 securing 71.88% in the just concluded End examination.
- v Miss. Pynbhalang Siangshai Batch 2021-2024 securing 71.63% in the just concluded End examination.

Enrolment 2022-23 & 2023-24

| Years | Class | No. of male students | | | No. of female students | | |
|---------|-----------------|----------------------|----------|-------|------------------------|----------|-------|
| | | Hons | Optional | Total | Hons | Optional | Total |
| 2022-23 | Semester I/II | 07 | 13 | 20 | 12 | 32 | 44 |
| | Semester III/IV | 08 | 17 | 35 | 12 | 22 | 34 |
| | Semester V/VI | 02 | - | 02 | 04 | - | 04 |
| 2023-24 | Semester I/II | 10 | 07 | 17 | 17 | 13 | 30 |
| | Semester III/IV | 06 | 10 | 16 | 06 | 18 | 24 |
| | Semester V/VI | 07 | - | 07 | 10 | - | 10 |

VI Semester - Passed percentage - Batch 2019 & 2020

| Session | Appeared | Passed | % of pass |
|---------|----------|--------|-----------|
| 2022-23 | 09 | 08 | 88 |
| 2023-24 | 06 | 06 | 100 |

"Education is not the filling of a pail, but the lighting of a fire." -W.B. Yeats

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Department of Commerce

Shri Besterwell Dkhar (HoD)

Introduction:

Founded in 1992, Jaintia Eastern College has been a cornerstone of higher education in East Jaintia Hills, dedicated to fostering academic excellence. Initially offering only arts courses, the college took a significant step in 2009 by launching a Commerce Stream, fulfilling the aspirations of students eager to pursue careers in commerce.

Aims and Objectives:

The Department of Commerce is committed to:

- Empowering Aspiring Graduates: Creating a robust platform for students who aim to become commerce graduates.
- Equipping for Higher Education: Providing a comprehensive spectrum of knowledge and skills, enabling students to excel in advanced studies in commerce.
- Enhancing Employability: Delivering value-based education that sharpens employability in vital sectors such as Accounting, Finance, Marketing, and Entrepreneurship.

History of the Commerce Department:

The journey of the Commerce Department is marked by key milestones:

- **2009:** Introduction of +2 courses in Commerce, laying the foundation for higher education in the field.
- **2011:** Upgrading to a Degree level with a three-year Pass Degree in Commerce, expanding academic opportunities.
- **2013:** Launch of Honours courses in Marketing Management, Accounting & Finance, providing specialized knowledge.
- **2023-24:** Adoption of the New Education Policy 2020 under the auspices of NEHU, ensuring a modern and relevant curriculum.

Current Faculty Composition:

| Name | Qualification | Additional responsibility |
|-----------------------------|---------------|---|
| Shri Banpynskhembha Papang | M.Com, NET | Career Guidance & Placement Cell/E-Cell |
| Shri Besterwell Dkhar (HoD) | M.Com, NET | Skill Education |
| Shri Remember Nongtdu | M.Com, NET | Nodal Officer, ToFEI |
| Shri Samdy Myrchiang | M.Com, NET | Program Officer NSS |
| Ms. Sapna Suchiang | M.Com, NET | Feedback & Evaluation Committee |

Teacher pursuing Ph. D: Shri. Banpynskhembha Papang, Martin Luther University, Shillong

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ACTIVITIES OF THE DEPARTMENT:

- Tutorial Classes/Remedial Classes: Focused sessions that enhance understanding and provide personalized support to students.
- Project Work/Assignments: Opportunities for students to apply theoretical knowledge in practical scenarios, fostering critical thinking and problem-solving skills.
- Presentations: Platforms for students to articulate their ideas and research, building confidence and communication skills.
- Internal Tests: Regular assessments to track progress and reinforce learning, helping students prepare for final examinations.
- Study Tours: Field visits that connect classroom learning to real-world applications, enhancing practical understanding of commerce concepts.
- Group Discussion: Students are encouraged with a platform to share their views and opinions on various business and corporate issues and latest topics.

Enrolment 2022-23 & 2023-24

| Semester | 2022-23 | | Total | 2023-24 | | Total | Grand Total |
|-----------------------|---------|--------|-------|---------|--------|-------|-------------|
| | Male | Female | | Male | Female | | |
| First/Second Semester | 05 | 05 | 10 | 07 | 14 | 21 | 31 |
| Third/Fourth Semester | 10 | 07 | 17 | 03 | 04 | 07 | 24 |
| Fifth/Sixth Semester | 06 | 05 | 11 | 10 | 07 | 17 | 28 |

Result Analysis B. Com Final (Sixth Semester)-Batch 2019 Examination June 2022

| | |
|---------------------|------|
| Appeared: | 21 |
| Passed: | 21 |
| Percentage of pass: | 100% |

Result Analysis B. Com Final (Sixth Semester)-Batch 2020 Examination June 2023

| | |
|---------------------|-----|
| Appeared: | 11 |
| Passed: | 09 |
| Percentage of pass: | 81% |

Best Practices of the Department

Commerce Club

The Commerce Club is a dynamic initiative designed to empower students through active participation and leadership. Formed in 2022-23, this club encourages students to take charge of departmental activities,

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enhancing skills in leadership, teamwork, event management, and organization. Guided by the Head of the Department and supported by elected Department Representatives, the club fosters an inclusive environment for personal and professional growth.

Election of Department Representative:

Department Representatives:

1. Priya Chetry– Academic Year 2022-23
2. Gloria Chyrmang – Academic Year 2023-24

Commerce Club Activities:

- Debate: Fostering critical thinking and public speaking skills, enabling students to articulate their viewpoints confidently and engage in meaningful discussions.
- Public Speaking: Developing effective communication skills, crucial for success in any business environment, and building self-assurance in students.
- Quiz Competitions: Encouraging knowledge retention and application, while promoting a spirit of healthy competition among students.
- Business Plan Competitions: Stimulating entrepreneurial creativity by challenging students to develop and present viable business ideas, enhancing their innovative thinking.
- Inspirational Movie Shows/Case Studies: Providing insights into real-world business challenges and successes, motivating students to learn from experienced professionals.
- Market Day: Offering practical exposure to commerce through hands-on experience in selling and marketing, helping students understand market dynamics.
- Indoor and Outdoor Sports Competitions: Promoting teamwork and leadership skills in a fun environment, emphasizing the importance of balance between academics and extracurricular activities.

Department Achievements:

The Department of Commerce at Jaintia Eastern College has made remarkable progress in enhancing both the academic and professional prospects of its students. Here are some of the key achievements:

- NET Qualified Faculty: All faculty members are NET (National Eligibility Test) qualified, ensuring a high standard of academic excellence and expertise in their respective fields.
- Comprehensive Faculty Training: Each faculty member has successfully completed training under the Malaviya Mission Teacher Training Programme by UGC, equipping them with innovative teaching strategies and pedagogical skills as per NEP 2020 requirements.

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- **Successful Student Placements:** Under departmental guidance, two students underwent specialized training and secured positions as Assistant Managers at Axis Bank, showcasing the department's strong industry connections and commitment to career development.
- **Outstanding Academic Performance:** The department consistently achieves high academic results, with students demonstrating exceptional performance in examinations and assessments.
- **Collaboration with Meghalaya State Skill Development Society:** The department successfully trained two batches of 60 students in a Retail Management Course, empowering them with essential skills for careers in the retail sector.
- **Continued Professional Development:** Faculty members actively participate in various national workshops and training programs to stay current with the latest teaching methodologies and industry trends such as teaching skill using latest technologies and AI Tools, fostering a culture of continuous improvement.
- **Successful Alumni Network:** Surajit Chanda, a graduate from the department, has advanced to the role of Senior Manager at SR Edu Technologies Pvt. Ltd. His success has facilitated the placement of ten additional students from the college as trainers in various schools and institutions, with five students securing employment through the department's initiatives.
- **Industry Exposure Programs:** Regular industry visits and guest lectures from industry experts enrich the curriculum, offering students insights into real-world business practices and networking opportunities.
- **Student Engagement Initiatives:** The department regularly hosts events, competitions, fostering a vibrant academic community and encouraging students to showcase their talents and skills.

These achievements reflect the Department of Commerce's commitment to academic excellence, professional development, and fostering strong connections between students and the industry, ultimately preparing them for successful careers in the dynamic field of commerce. The Department of Commerce is dedicated to nurturing skilled professionals equipped with the knowledge and competencies required to excel in various commerce sectors.

Through its innovative programs and activities, the department plays a vital role in empowering students to achieve their career aspirations while contributing positively to their communities.

"The aim of education is the knowledge, not of facts, but of values."
William S. Burroughs

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The Post-Graduate Department (MA Khasi)

Smt. Maximum Sohshang (HoD)

With a far-sighted vision to promote higher education and preserve the rich linguistic and cultural heritage of the region, Jaiñtia Eastern College, Khliehriat, established the Postgraduate Department of Khasi. The department was formally opened and affiliated with North-Eastern Hill University (NEHU), Shillong in 2022. It was officially commissioned in the year 2022 as per NEHU's notification. The department offers a Master's program in Khasi with a total enrollment capacity of 30 (thirty) students per academic session.

Faculty strength

| Sl. No. | Name | Qualification | Additional responsibility |
|---------|-----------------------------|---|---------------------------|
| 1 | Smt. Maximum Sohshang (HoD) | M.A(Khasi) & M.A(Linguistic) | Hostel Warden |
| 2 | Smt. Rudawanshwa Supooh | M.A | |
| 3 | Shri. Wansauni War | M.A | P.O (NSS) P.G |
| 4 | Dr. Davidson Diengdoh | M.A(Khasi), M.Phil, M.A (Linguistic), Ph. D | |

Teachers pursuing Ph.D:

- Mrs. Rudawanshwa Supooh, NEHU, Khasi Department Shillong
- Mrs. Maximum Sohshang NEHU, Khasi Department Shillong

Program Outcomes (POs):

Program outcome are statements about the knowledge, skills and attitude (attributes) the students should have at the end of a formal program. Program outcome are broader statements that describe what the students are expected to learn and would be able to do after their Master Degree. This program will provide opportunities to Graduates with particular interest in Khasi Language and will acquire deeper insight into Khasi language and literature. It will enhance and reinforce creativity, understanding and critical appreciation of Khasi Literature.

The impact of the importance of Khasi Language upon students

1. Understanding the Khasi Literature
2. Knowing the culture of the indigenous tribe
3. Broaden the critical thinking ability
4. Development of ethics; Development of expression and creativity.
5. Research Methodology

Course Outcomes (COs):

The Course outcomes are course specific that relate skills, knowledge, and behavior the students acquire through this programme. They cover all core course related outcomes, and contribute to the overall attainment of

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program outcome. Through the papers prescribed, students will learn some of the cultural aspects, the monolith culture and traditional Folk literature of the Khasis. It helps the students acquire a deeper knowledge of Culture, Language, Literary Theory and Research methodology. It gives the resultant knowledge and skills the student acquires at the end of each course. It defines the cognitive processes a course provides.

Enrollment: 2022-23

First Batch (2022-2024) = 16 (Male – 04 & Female = 12)

Dropout = 03 (Male = 1 & female = 2)

Result: First batch 2022-2024: Pass 100%

Enrollment: 2023-24

Second Batch 2023-2025 = 20 (Male = 04 & Female = 16)

Result: Awaiting

Department Activities:

- a. 21st January, 2023: Student of M.A Khasi and Education participated in cultural program in the celebration of Meghalaya Day 2023 at the office of Deputy Commissioner, East Jaintia Hills District Khliehriat.
- b. 26th January, 2023: Students of M.A Khasi and Education participated in Cultural Programme (Dance and Cultural Song) in the Celebration of Republic Day 2023 organised by the office of Deputy Commissioner, East Jaintia Hills District Khliehriat at Khliehriat Higher Secondary School Playground. The cultural tour of the College was awarded with winner trophy in the event.
- c. **Seminar/workshop**
 - 10th November, 2022 one day special lecture on the life and contribution of Kiri Dkhar Doloi Elaka Shangpung at Jaiñtia Eastern College, Khliehriat.
 - 25th November, 2023 one day Seminar “On Research Methodology”. Organized by Khasi Department Jaiñtia Eastern College, Khliehriat. Resources Person: Prof. D. R. L. Nonglait.
 - 18th December, 2023 celebration of Soso Tham Day organized by Khasi Author Society (K.A.S) shnat Khliehriat collaboration with Khasi Department Jaiñtia Eastern College Khliehriat.

Educational Tour / Environmental Survey

- i. 4th February, 2023 Educational tour cum Trekking was participated by the Students of M.A Khasi and M.A Education to Narpuh Wildlife Sanctuary.
- ii. 16th June, 2023 Summer Environmental tour to Sohra for inculcate the mind of the students/Teachers the importance to preserve the environmental as expressed in the literature/Culture of the Khasi people.

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The Post-Graduate Department (MA Education)

Dr. (Mrs). I. Tiewsoh

The Department of Education of Jaintia Eastern College was established in the year 1992 the same year the college was established. After thirty years of existence, in the year 2022, the Post Graduate Department of Education was established to cater to the needs and aspirations of the youths of the area in particular and the state at large. The first batch (2022-2024) consisted of nine (9) students who successfully completed all the credits required to fulfill for the Master Degree in Education. The following batch (2023-2025) comprises of eight (8) students who are still currently pursuing their MA programme.

The Department was founded with two full-time faculties, Dr. Ferrando Lyngdoh Nonglait (HoD) and Dr. Ibakordor Tiewsoh while the active involvement of the UG faculties, Dr. P. A. Shadap, Smt. E. Nongtraw, Smt. S. Dkhar and Smt T. Kyndiat has contributed to the smooth functioning of the department. Further, the department has also been supported by the help of other faculties from the Department of Economics, Smt. R. Pde, Smt. D. Bareh, Smt. Dalamky Lytan, and Shri B. Dkhar from the Department of Commerce. After the resignation of Dr. Ferrando L. Nonglait in the year 2023, Dr. I. Tiewsoh took over as Head of the Department till date. At present, besides, the HoD, the department has other three full-time faculty members namely Smt. W. Swer, Smt. M. Khonglah, and Shri. B. Suiam while Dr. P. A. Shadap continues to assist the department in meeting different needs and improving in order to maintain total efficiency.

Faculty strength

| Sl. No | Name | Qualification | Additional Responsibility |
|--------|-----------------------------------|----------------|---------------------------|
| 1 | Dr (Mrs). Ibakordor Tiewsoh (HoD) | M.A. NET. Ph.D | Unnat Bharat Abhiyan |
| 2 | Miss. Wakawanhi N Swer | M.A. NET. B.Ed | |
| 3 | Miss. Memory Khonglah | M.A. NET | NIRF |
| 4 | Mr. Bendicktion Suiam | MA | National Cadet Corp |

Teachers pursuing Ph. D

- : Miss. Wakawanhi N Swer, NEHU, DACE NEHU Shillong
- : Memory Khonglah, Education Department NEHU, TURA,

In addition to the orientation classes conducted for the newly inducted students, the department has also been able to observe World Environment Day in collaboration with the Unnat Bharat Abhiyan (UBA) Unit of the College. A programme on cleaning drives and tree plantation drives was conducted in the five respective villages adopted by Unnat Bharat Abhiyan Unit, namely; Lumchyrmit, Cham Cham, Mukhaialong, Narwan, and Umlingsha.

The students are actively taking part in the cultural programme (dance and song) in celebration of Meghalaya Day 2023 and Republic Day 2023 organised by the Office of the Deputy Commissioner, East Jaintia Hills District, Khliehriat. The cultural group of the college was awarded the winner trophy on republic Day 2023. Further, the students actively participated in a hybrid mode programme organized by the Deputy Commissioner, East Jaintia Hills District, in launching the National Science Day theme, 2024 on 6th February, 2024. In addition, students actively engaged in various programmes, viz., Red Ribbon Club Festival 2023, educational tours and trekking organized by the college.

Despite all of the challenges, the department has achieved amazing success stories in just two years of journey. With God's blessing it is assured that the department will continue to improve more to greater heights as years go by.

Department Research Committee (DRC)

The Department Research Committee (DRC), Department of Education (PG) is a mandatory body in the college which was constituted on 7/02/2024 under the Chairmanship of Dr. P. Nongtdu, Principal of the College.

Role and Functions:

1. To monitor and facilitate the quality of research in the department/college.
2. To create a conducive environment for promotion of research activities in the college.
3. To ensure that all projects/dissertation /research norms and guidelines are strictly followed.
4. To review projects/dissertation /research program policies, regulations, and instruction, and recommend of affiliating university periodically.
5. To check and approve topics/progress report of projects/dissertation /research work prepared/ done by students.
6. To approve the examiner's list as suggested by the supervisor.

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7. To encourage faculty members to apply for major and minor research programme/ project.
8. To promote a collaborative research.
9. To ensure the smooth functioning and effective management of research and innovation activities at the institute.

Activities of the Committee

1. The committee held 3 meetings during the session with positively attended by the members to discuss the matter and improvements of the research in the department.
2. Dr. D. S. Diengdoh is appointed as member of Departmental research Committee in place of Shri Slendar Dkhar.

Action Plan 2024-2025.

1. To conduct meeting for reviewing and approval of research proposal
2. To assign supervisors to the students
3. To hold Pre- Submission seminar for feedback and improvement of students' dissertation.
4. To implement strict plagiarism checks for research ethics of the students.

"The aim of education is the knowledge, not of facts, but of values."-
William S. Burroughs

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THE COLLEGE LIBRARY

Smt. W.B. L. Bamon, (Librarian)

The Jaintia Eastern College Library was established in 1992, the same year the college was founded. In 2023-24, the library underwent significant renovation and spatial expansion, supported by RUSA, Meghalaya. This renovation also included the acquisition of additional textbooks and the installation of 10 (Ten) computer sets to enhance resources and digital access. Up-gradation of Library Automation is under progress. To meet the academic needs of Postgraduate (PG) students and faculty, a separate PG section was introduced in the 2023.

At present, the collection includes 10711 textbooks for Undergraduate (UG) programmes and 960 textbooks for PG programmes including diverse selection of reference materials and academic journals. The library is an active member of INFLIBNET. Additionally, the library is Wi-Fi enabled, ensuring access to digital resources and seamless connectivity for users.

During the academic sessions 2023–24 and 2024–25, number of students and faculty visiting the college library are

Academic session 2023-24

- i). UG students - 3741 and Faculty - 1796,
- ii). PG students - 1436 and Faculty - 653

Academic session 2024–25,

- i). UG students - 4685 and Faculty - 1173
- ii). PG students - 976 and Faculty - 153

To ensure the efficient circulation of materials, the library maintains a clear set of rules and regulations for lending and borrowing books.

The library is currently managed and run by a team of three staff members, comprising two qualified librarians and one office assistant.

For assistance or resource access, users are encouraged to visit the library during regular college working hours.

“They say in every library there is a single book that can answer the question that burns like a fire in the mind”-Lemony Snicket

INTERNAL QUALITY ASSURANCE CELL (IQAC)

Shri. N. Rymbai
(Coordinator)

The Internal Quality Assurance Cell (IQAC) was established in 2014 with the aim of ensuring the delivery of quality education to students and other stakeholders, in line with the guidelines set by the University Grants Commission (UGC). Since its inception, the IQAC has functioned as an internal mechanism to help the college achieve its objectives related to quality enhancement and sustenance in education.

During the academic sessions 2022–23 and 2023–24, besides others activities conducted by various sub-committees and Cells, the IQAC in collaboration with others departments and Sub-Committees have successfully organized the following Regional and College level Seminars and workshops.

Session 2022-23

- **Value education & training:** With the passing of the National Education Policy (NEP) 2020, it emphasised that Value Education and Training should form an integral part of the teaching learning process in the college and higher educational institutions. In this front, the College through IQAC had organised a 15 Days Training on Common Yoga Protocol during 29th April 2022 to 17th June 2022 on a two days per week programme in which 22 students and faculty had registered and taken part in the training under the supervision of a Dr. C. Rymbai (BNYS) but only 15 volunteers had successfully completed the training and were given certificates. Besides that, a grand celebration of the Internal Day of Yoga on the 21st June 2022 was held in the college premises with the performance of the Yoga Common Protocols by the student volunteers.

- **Sensitisation on NEP 2020:** In order to sensitise the faculty and students about the National Education Policy (NEP) 2020, the college through the Principal and Teaching Faculty had taken a tremendous steps to attend meetings, workshops, seminars and webinars in order to get knowledge and information related with the new policy. Particularly on the 7th March 2022 a workshop on New Education Policy 2020: Challenges for Higher Educational Institution was organised by IQAC in collaboration with Education Department with Prof. B. P Sahu, DACE, NEHU, Shillong and Dr. Saru Joshi, Department of Education, USTM, Khanapara as Resource Persons. Also on the 9th September 2022, a “Regional Workshop for Elementary School Teachers of East & West Jaintia Hills District” was organised by the Education Department in collaboration with NEP Implementation Committee for the same purpose.

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- **Session 2023-24**

1. Seminar on "Research Methodology" organised by Khasi Department (UG & PG) in collaboration with RUSA, Meghalaya under equity initiatives fund on the 25th November 2023. Prof. D.R.L Nonglait, Head of Khasi Department NEHU, Shillong is the Resource Person. Participants of the seminar is 73 (Seventy three).
2. Conducted Awareness programme on Common University Entrance Test (CUET) on the 27th Nov. 2023 with the objective to sensitize the students and to prepare for appearing the entrance examination for UG admission as well as for PG.

Besides the above programmes, the IQAC also coordinate to conduct other activities in collaboration with departments, sub-committees and cells like Essay competition on the life and contributions of Rev. Thomas Jones to Khasi people, Place placement drives, educational tours for first hand experience, add on course on Micro-Teaching and Teaching Skills, industrial visits, placement drives, quiz competition, observation of Soso Tham Day, Mock Parliament, Remedial Coaching classes, Faculty Development Programmes, etc.

“Quality is everyone responsible”- W. Edwards Deming

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COMPUTER EDUCATION AND TECHNICAL COMMITTEE (CETC)

Shri. Niphri. Rymbai
Teacher In-Charge
Computer Science

The Computer Education and Technical Committee (CETC) plays a vital role in enhancing digital literacy and promoting the integration of technology in the academic and administrative functions of an institution. Its primary function is to plan, implement, and oversee computer education programs, ensuring that both students and faculty are equipped with essential technical skills. The committee is responsible for maintaining and upgrading IT infrastructure, facilitating access to digital resources, and organizing training sessions, workshops, and awareness programs on emerging technologies. It also supports the development of e-learning initiatives, promotes innovation in teaching methods through ICT tools, and ensures the effective use of technology in day-to-day operations, thereby contributing to the overall efficiency and modernization of the institution.

During the academic session of 2022-23 and 2023-24

Academic Session 2022-23

1. Certificate in Basic of Computer: Duration 1(One) Month from April-May 2022: Enrolment= 8, Completed=3
2. Diploma in Computer Applications: Duration 6(Six) Months from April-June 2022:
Enrolment = 3
Completed = 3
3. 5 Days training for B. A & B. Com 1st Semester student from 29th August to 2nd September 2022,
Registered = 26
Completed = 20.

Academic Session 2023-24

1. Certificate in Basic of Computer: Duration 1(One) Month from April-May 2023:
Enrolment = 6
Completed = 6
3. Certificate in Office Automation: Duration 2(Two) Months from April-June 2023:
Enrolment = 7
Completed = 6
4. Diploma in Computer Applications: Duration 6(Six) Months from April-June 2023:
Enrolment = 3
Completed = 3

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Campus Dynamism

The campus of Jaintia Eastern College, Khliehriat, is a vibrant hub of academic, cultural, and social activities that reflect the dynamic spirit of the institution. It fosters an environment that promotes learning, leadership, and community engagement. Despite infrastructural limitations, the college maximizes its resources to create a lively and enriching atmosphere for students and staff.

With active participation in programs under NSS, NCC, RRC, UBA, Games & Sports, and the Entrepreneurship Cell, students are constantly involved in activities that go beyond the classroom. From environmental campaigns, health awareness drives, and skill development workshops to cultural festivals and academic seminars, the campus buzzes with events that encourage holistic development.

The Postgraduate Departments (Khasi & education) and skill-based certificate courses further add to the dynamism, making the college a centre not just for education, but for personal growth and societal contribution. This energetic campus life instills confidence, responsibility, and a sense of purpose among students, preparing them to meet the challenges of the modern world.

“Mistakes are proof that you ‘re trying. Learn from them and let them guide you towards excellence” – Jennifer Lim

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NATIONAL SERVICE SCHEME (NSS)

Miss Hannah Bell Lapasam,
Senior P.O, NSS Unit

National Service Scheme popularly known as NSS, the Scheme was launched in Mahatma Gandhi Centenary year 1969 and aimed at developing student's personality through community service. The overall objective of National Service Scheme is educational. This objective is attained through the service to the community.

National Service Scheme is a permanent youth programme under the Ministry of Youth Affairs and Sports, Government of India and funded by the Government.

NSS Moto

The Motto of NSS is "**Not Me But You**", it underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

NSS Symbol

The NSS symbol is based on the "Rath" wheel of the Konark Sun Temple situated in Odisha. The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind. The Red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit. The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space.

NSS DAY

NSS was formally launched on 24th September 1969, the birth centenary year of father of nation. Therefore, 24 September is celebrated every as NSS Day with appropriate programmes and activities.

Enrolment in NSS

NSS is a voluntary scheme. NSS scheme starts from the first semester year degree-class students. NCC cadets will not be allowed to join NSS. Similarly NSS volunteers will not participate in NCC or any other youth organisation as long as they are in NSS.

An NSS volunteer needs to devote a total of 240 hours social service in two years duration. Every year, a NSS volunteer has to devote 20 hrs. of orientation and 100 hrs. of community service. To enrol as NSS volunteer, contact the NSS Programme Officer of the college. Enrolment in NSS is free. The NSS volunteers on successful completion of the required hours of service are issued a certificate. NSS volunteers can get some weightage

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during admissions in higher studies and other benefits as decided by the institutions/university.

NSS Unit JEC

The NSS at Jaintia eastern college Khliehriat has three units headed by senior teachers namely Unit I under Shri Jamphrang Lyngdoh as Programme Officer; Unit II under Shri. Sandy Myrchiang as Programme Officer and Unit III under Miss Hanabell Lapasam as Programme Officer.

For smooth implementation of NSS objectives and its activity, the unit adopted the following villages for three years (2022-23, 2023-24 and 2024-25)

1. Unit – I (One) Narwan village
2. Unit – II (Two) Umlingsha village
3. Unit – III (Three) Mukhaialong village

Objectives of NSS:

The main objectives of National Service Scheme (NSS) are:

- To understand the community in which they work
- To understand themselves in relation to their community
- To identify the needs and problems of the community and involve them in problem-solving
- To develop among themselves a sense of social and civic responsibility
- To utilise their knowledge in finding practical solutions to individual and community problem
- To develop competence required for group-living and sharing of responsibilities.
- To gain skills in mobilising community participation
- To acquire leadership qualities and democratic attitudes
- To develop capacity to meet emergencies and natural disasters
- To practise national integration and social harmony

Regular Activities includes:

Conducting regular activity to enhance the campus and community growth development. Tree plantation, cleaning drives, observation of important days like World Blood Donor Day, World Environment Day, World No Tabaco Day, International Youth Day, International Yoga Day, Non-Violence Day, Women's Day, Environment Day, NSS Day, National Unity Day, Independence Day, Republic Day, Observation of Constitution Day. Awareness programmes and campaign on various topics like Road Safety, Swachh Bharat Hi Seva Campaign, mock drill on Disaster management, etc, Furthermore, campaigns such Mera Pehla vote desh ke liye, District Youth parliament, 4th Jantiya Guarav celebration, Daan Utsa, Deployment of Poll volunteers (Poll Loksabha), Yuva Samvad - dissemination of youth centric idea at the Grassroots level under youth, Pariksha Pe charsha (Display of banner), Seva Se Sikha Programme

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implementation, Watershed Yatra Reg. cleaning drives in the college campus and adjacent area, cleaning of market area, cleaning of heritage site like cave, forest, etc.

Special Camp:

Conducting NSS Special Camp to develop the NSS volunteer's skill and decision making power, training on leadership quality to the students. During the special camp, health camp, creation of social awareness on road safety, cleanliness, vermin-composting, tree planting, etc. are conducted, awareness on Drugs Abuse and Illicit Trafficking, HIV/AIDS, entrepreneurship training programme, rural economy, agriculture, awareness on government development schemes, trekking to aware people about the development of ecotourism and preservation of environment.

During the academic sessions 2022-23 and 2023-24, all the three units conducted special camps in adopted villages.as mentioned below:

Academic Session 2022-23

Unit – I: Narwan from 2nd to 8th October 2022

Unit – II: Umlyngsha from 10th to 16th December 2022

Academic Session 2023-24

Unit – I: Narwan from 6th to 12th November 2023

Unit – II: Umlyngsha from 6th – 12th November 2023

Unit – III: Mukhaialong from 12th to 18th November 2023

Pre-Republic Day Camp:

Two student's volunteers namely Miss Iukini Shadap and Miss Rikis Shadap of BA 6th Semester was selected by the affiliating university to attend the NSS, East Zone Pre-Pre-Republic Day (PRD) Camp 2023 held in Bhubhaneswar, Odisha from 15th to 24th November 2023

“Not Me But You” Be the Change you wish to see in the world - Gandhi

CAREER GUIDANCE & PLACEMENT CELL (CGPC)

Shri. B Papang Teacher
In-Charge

The Career Guidance and Placement Cell has been established to guide students in developing essential skills and effective job-search strategies to help them achieve their career goals. Acknowledging the challenges posed by today's competitive job market, the Cell has undertaken various initiatives such as organizing seminars, mock interviews, and training sessions on soft skills, communication, personality development, corporate etiquette, and leadership. Its mission is to align students with industry needs while providing the best available opportunities. In addition to placement support, the Cell also offers guidance on higher education and other career avenues. Throughout the academic session, it has played an instrumental role in supporting students' career development by organizing a series of impactful programs in collaboration with reputed organizations and government agencies. These efforts aim to empower students with the tools, knowledge, and confidence to explore diverse career paths and secure meaningful employment. A summary of the major activities conducted during the year is presented below.

i). Academic session 2023-24

- a Organized awareness programme on Career in Entrepreneurship for women on 24th April, 2023 funded by RUSA, Meghalaya
- b Conduct training on Career Opportunities in Banking Sectors on 16th August, 2023 funded by RUSA
- c Workshop and Training on Career Opportunities in Tourism Sector on 13th & 14th October 2023 funded by RUSA
- d Awareness on Career and Job Opportunities in various Private Organizations on 1st May, 2023 funded by RUSA
- e Placement drives on 3rd May, 2023 by SR Edu Technologies Pvt Ltd at College Campus, 20 (Twenty) students were attended the placement drive. Of these s (Six) elected -1. Mr. Gospel Siamthara Darnei, ii. Miss. Banrilang Nongrum, iii. Miss. Grafenbeth Thoo, iv. Miss. Marchial Pakem, v. Mr. Jermaiah Basumatary, vi. Mr. Bishnu P. Dey.
- f A market day was organized in the college campus by the Commerce Club, Department of Commerce, and Career Guidance & Placement Cell on 3rd November 2023. During this event, students were encouraged to showcase their skills in areas such as selling, cooking, and more. Teachers and college students from other departments were actively and warmly participated in the programme.

NATIONAL CADET CORPS (NCC)

Shri. Bendicktion Suiam
Teacher In-Charge

The National Cadet Corps (NCC) is the largest uniformed youth organization in the world, established in 1948 under the National Cadet Corps Act, 1948. Its headquarters is located in New Delhi, India. The NCC is a voluntary organization that recruits students from educational institutions. Since its inception, it has been committed to grooming the youth of India into disciplined and patriotic citizens. The organization was officially inaugurated on 15th July 1948 with an initial strength of 20,000 cadets. Today, the NCC has a sanctioned strength of 20 lakh cadets enrolled across the country¹. With NCC now being offered as an elective subject under the National Education Policy (NEP) 2020, this expansion is a major step toward fulfilling the aspirations of young Indians who seek to contribute as future leaders of the nation. The motto of the NCC, "**Unity and Discipline**," reflects its core values and mission.

Recognizing the importance of equal opportunities for all, the Girls Division was formed in 1949, allowing female students to participate in the program.

The NCC aims to instil qualities such as character, comradeship, discipline, a secular outlook, the spirit of adventure, and ideals of selfless service among young citizens. Beyond individual development, the organization strives to create a pool of well-trained, motivated, and organized youth equipped with leadership qualities. These young cadets are prepared to make meaningful contributions in various sectors of society. Whether they pursue careers in the armed forces or the civilian domain, the NCC provides an environment that fosters national pride, discipline, and a spirit of service.

At Jaintia Eastern College, the introduction of the NCC Senior Division (Boys) and Senior Wing (Girls) in 2021 (25th Oct 2021) marked a significant milestone in the college's educational journey. Functioning under the 42 Meghalaya Bn. NCC, Shillong. The unit began with a modest number of enthusiastic cadets. Since then, the number has steadily increased, reflecting not just a rise in participation, but also the growth of a vision grounded in leadership, discipline, and character formation.

The development of the NCC unit at Jaintia Eastern College is not just about increasing numbers, it represents the positive transformation in the lives of its cadets. The programmes has become a gateway for students to discover their potential in fields beyond military training.

¹ Govt. of India, (2025, April 16). *Press Information Bureau*. Retrieved from <https://pib.gov.in/PressReleaseDetailm.aspx?PRID=2014014®=3&lang=1>

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It has consistently nurtured individuals with an interest in national defense while also encouraging success in sectors such as education, governance, entrepreneurship, and community service. The cadets embody values that extend beyond the uniform—they emerge as responsible, empowered citizens committed to nation-building.

Each day, the cadets of Jaintia Eastern College stand tall with pride, dedication, and a deep sense of duty. They carry forward the legacy that began in 2021, continuing to light the way toward a stronger, more united, and progressive India.

Total strength is 80 (Eighty).

Session 2023-24 = 44 (Boys = 16, Girls = 28)

Caretaker Officer (CTO) of Senior Division (Boys):

Shri. Bendicktions Suiam

Designation: Assistant Professor, Department of Education (PG)

Contact. No: 9383362580

E-mail ID: bendicktions@gmail.com

Caretaker Officer (CTO) of Senior Division (Girls):

Ms. Affinda G lapasam

Designation: Assistant Professor, Department of Education

Contact No. 6009553690

E-mail ID: affingl25@gmail.com

Activities Organized and participated: Academic session 2022-23

1. Puneet Sagar Abhiyan on 16.08.2022
2. Basic and Special to Corps Trg from 16 to 30.10.2022
3. EBSB Camp at Silchar from 06 to 17.12.2022
4. CATC Camp at ARPS Laitkor from 01 to 08.01.2023
5. Trekking to Narpuh Wildlife Sanctuary on 04.02.2023

Activities Organized and participated: Academic session 2023-24

The unit conducted regular drill practices, theory classes, parades, and other activities under the guidance of PI staff from 42 Megh Bn NCC, Shillong, along with the Permanent Instructional Staff and CTOs. The unit also participated in the following programmes as mentioned below:

- 1) Lt. Col. Jesus Furtadothe, Commanding Officer of NCC 42 Megh. Bn, Shillong, visited the NCC unit of the college on 25th April 2023.
- 2) Handling 2 (Two) Dummy Rifles SLR 7.62 mm to the unit on 12th May 2023.
- 3) 16 (Sixteen) Cadets participated in the Meghalaya NCC Festival held at St. Edmund College, Shillong from 10th – 13th July 2023.
- 4) 18 (Eighteen) Cadets selected to participate in the District level Youth Festival organized by Red Ribbon Club at Jaintia Eastern College, Khliehriat from 28th – 29th July 2023.

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- 5) Cadets Werkupar Malang attended the Prethalsina Camp at Jorhat from 6th to 15th August 2023.
- 6) 27 (Twenty seven) cadets participated in the Independence Day parade organize by the District Administration on 15th August 2023.
- 7) Cadet Rio Shulet has attended NER Camp at Zimithang, Tawang District, Arunachal Pradesh from 18th to 27th September 2023.
- 8) Cadet Werkupar Malang has attended NER, EBSB - II Camp at Ujjain, Madhya Pradesh from 4th to 15th October 2023.
- 9) Cadet Iukini Shadap attended the All India West Bengal and Sikkim trek – I held at Namching, South Sikkim from 1st to 8th November 2023.
- 10) Cadets Ebormi Rajee and Maya Langstang attended the NER Uttarpurad Ekta Shivir Camp at Tezpur University, Assam from 3rd to 14th January 2024.
- 11) Cadet Pelwan Shylla attended the NER Trek held at Japfu Christian College, Kigwema, Nagaland from 11th to 18th January 2024.
- 12) 23 (Twenty three) cadets participated in the celebration of Republic Day at Khliehriat organized by District Administration on 26th January 2024
- 13) 36 (Thirty six) cadets attended CATC - 91 (Combined Annual Training Camp-91) conducted by 42 Megh Bn. Shillong at FCSR, Shillong from 6th to 15th February 2024.
- 14) 17 (Seventeen) cadets out of 20 (Twenty) cadets cleared the 'B' Certificate conducted by 42 Megh Bn NCC. Shillong during the session 2023-24
- 15) 17 (Seventeen) cadets appeared 'C' Certificate conducted by 42 Megh Bn NCC. Shillong on 3rd March 2024 at Army Public School, Shillong: result Awaiting.

The NCC unit of Jaintia Eastern College has demonstrated commendable enthusiasm and commitment through its regular drill practices, theory classes, and active participation in a wide array of events and training camps under the supervision of the 42 Meghalaya Battalion, Shillong. The cadets have not only represented the college at district, state, and national levels but have also gained valuable exposure through prestigious camps such as the NER Trek, EBSB, AAC, and Republic Day and Independence Day celebrations. Their involvement in activities like rifle handling, youth festivals, trekking expeditions, and certificate examinations reflects the holistic development fostered by the unit. The high number of cadets attending and successfully completing training and certificate exams is a testament to the unit's discipline, dedication, and the strong guidance provided by the PI staff, CTOs, and college administration. The NCC unit continues to be a vital platform for youth development, instilling leadership, patriotism, and civic responsibility among students.

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RED RIBBON CLUB (RRC)

Miss. F. Dalamky Lytan
Teacher In-Charge

Red ribbon club is a movement by the Government of India in educational Institutions through which students will be making awareness of AIDS/HIV. Students/Youths are encouraged to learn about safe and healthy lifestyles. The RRC promotes access to information on safe sexual behaviours and voluntary blood donation as well as enable them to become change agents in HIV & AIDS programme. RRC is formed in college as voluntary on-campus intervention programme for students of college. The RRC members are not bound to perform a set of duties or functions. However they are expected to learn facts about HIV/AIDS, services available from testing to treatment, attend life skill development programmes, share the knowledge with peers and carry out educational campaign related to HIV/AIDS. The club is formed with the following members under the chairmanship of principal.

The club usually organise programme in collaboration with Meghalaya AIDS Control Society (MACS), Shillong like organized Youth Festival, Blood Donation Camp, Drugs Abuse and Illicit Trafficking, District Level Quiz Competition, etc. During the academic session 2023-24, RRC conducted and participated the following programmes:

Academic Session 2023-24

2. Organised 2 (Two) Days Red Ribbon Youth Festival on 28th & 29th July 2023 in collaboration with Meghalaya AIDS Control Society, Shillong, Kyrmen Foundation, Lad Rymbai, Jaintia Hills Cement Manufacturer Association. Thangskai, Meghalaya Cooperative Apex Bank, Khliehriat Branch and Canara Bank, Khliehriat branch. Participant = 566 from different colleges of Jaintia Hills District (East & West).
3. Conduct awareness on Blood Donor Day on 14th June 2023 under the theme Give Blood Share Life, Share Often. Participant = 43
4. Attended Red Fest (North East Multimedia Campaign) organized by MACS, Shillong. Participants = 36

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The Red Ribbon Club (RRC) at our college has served as a dynamic platform for engaging youth in meaningful awareness initiatives on HIV/AIDS, blood donation, and issues related to drug abuse and healthy living. Through collaborative efforts with the Meghalaya AIDS Control Society (MACS) and other local stakeholders, the Club has consistently organized impactful programmes, from youth festivals and awareness campaigns to rallies and observances of important health-related days. These activities not only enhanced students' knowledge but also empowered them to become peer educators and agents of positive social change. The steady increase in student participation across the academic sessions 2022–23 and 2023–24 reflects a growing commitment among the youth to contribute towards building a healthier and more informed society. As the RRC continues its mission, it remains a vital force in fostering awareness, life skills, and a spirit of voluntary service among the student community.

“A small effort, a big impact”

“Great things are not done by impulse, but by a series of small things brought together” – Vincent Van Gogh

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ANTI-RAGGING CELL

Shri. Firsterborn Dkhar
Teacher In-Charge

Respected sir, in pursuance of the order from the Honorable Supreme Court of India, the Cell during the orientation programme have brief all the First Semester students (UG & PG) regarding the ill effect of ragging someone and the bad impact it can caused to their future career.

That sir, the cell have put up in the college notice board the **Summary of UGC regulations on curbing the menace of ragging in higher educational institutions** and also have put up **Poster of Anti-Ragging** in all visible sights within the college campus to aware all the students regarding ill effect of ragging someone and what harm it can cause to their future career.

That sir, to ease the online registration of Anti-Ragging Undertaking especially for those students coming from far flung area where internet connectivity is not appreciable, the cell have prepared a hard copy of an Anti-Raging Undertaking form (Students – Parent/Guardian) as per anti-ragging online form format.

That sir, after the hard copy of an Anti-Raging Undertaking form is duly filled and signed by the students, they have to be submit it to the College Facilitation Room for online registration. However, students can also get themselves register in the Anti-Ragging website.

The total Enrollment, drop-out and total number of First Semester students (UG & PG) who have registered for online Anti-Ragging Undertaking, and to be register later (if necessary) are detailed below.

| Class | Subject | Total Enrollment | Registered for Anti-Ragging Undertaking | Drop Out |
|----------------------------------|-------------------|------------------|---|----------|
| MA, BA & B.COM FIRST SEMESTER | English | 20 | 18 | 02 |
| | Khasi | 24 | 18 | 06 |
| | Education | 19 | 17 | 02 |
| | Economics | 05 | 05 | 00 |
| | History | 02 | 01 | 01 |
| | Political Science | 30 | 25 | 05 |
| | Sociology | 23 | 21 | 02 |
| | Commerce | 30 | 29 | 01 |
| | MA Khasi | 21 | 19 | 02 |
| | MA Education | 13 | 12 | 01 |
| | Total | | 187 | 165 |

Lastly, I am pleased to inform you that there is no incident of ragging of any form/kind which has been reported till date.

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NATIONAL SCHOLARSHIPS PORTAL

Shri. Firsterborn Dkhar
Teacher In-Charge

National Scholarships Portal is one-stop solution for students applying for different types of scholarship from Central Sector Scheme of different department and also from the State Scheme.

It's a Government of India initiative which aims at providing a Simplified, Mission-oriented, Accountable, Responsive & Transparent '**SMART**' System for faster & effective disposal of Scholarships applications and delivery of funds directly into beneficiaries account without any leakages.

In accordance **National Scholarships Portal** (NSP), Facilitation Cell/Room is also made available in the college to assist students who wish apply for different types of scholarship as per their eligibility which directly or indirectly support them both financially and academically.

Umbrella Scheme for Education of ST Children – Meghalaya (State Scheme), Ishan Uday Special Scholarship Scheme for NER (UGC Scheme) and National Scholarship for Post Graduate Studies (UGC Scheme) were some of the scholarship scheme which students of the college usually applied (UG & PG).

These Scholarship actually cover full or partial tuition fees easing the financial burden on students and their families and further motivate students to maintain high grades and stay focused on their studies.

To mention a few, students who have applied for Umbrella Scheme for Education of ST Children – Meghalaya (State Scheme) usually get about **Rs. 20000/- (Twenty Thousand)** only annually and **RS 80000/- (Eighty Thousand)** only annually who have applied for Ishan Uday Special Scholarship Scheme for NER (UGC Scheme).

Noteworthy, the college also from time and again lends its financial support to a few self-supporting students coming from a very poor family background or to a meritorious student by giving a discount on their college fees (UG & PG).

“Learning is not attained by chance; it must be sought for with ardor and attended to with diligence.”

Abigail Adams
Beauty Care Course at Jaintia Eastern College, Khliehriat

Shri.BanpynskhembhaPapang
Course Coordinator

With the objective of empowering youth through skill-based education and promoting self-employment opportunities, Jaintia Eastern College, Khliehriat in collaboration with Dalmia Bharat Foundation, Dalmia Cement Limited, Thangskai, East Jaintia Hills District has introduced a Beauty Care Course as part of its vocational training initiatives. This course is designed to equip students, particularly educated unemployed youth, with practical knowledge and hands-on skills in the field of personal grooming and beauty care.

The course covers essential areas such as skincare, hair care, makeup application, personal hygiene, salon management, and customer service. Special emphasis is also given to health and safety practices, the use of natural and herbal products, and emerging trends in the beauty industry.

Conducted in three batches per year, the course admits 30 participants in each batch, making a total annual intake of 90 students. The training sessions are led by experienced instructors and industry professionals, ensuring that participants receive both theoretical insights and practical training. Upon completion, students are awarded a certificate that enhances their employability and opens avenues for self-employment, freelance opportunities, or starting their own beauty care ventures.

The Beauty Care Course reflects the college's commitment to skill development, women empowerment, and community upliftment by providing accessible and job-oriented education to the local population.

Activities:

Beauty Care Course – Batch 1

8th January – 8th April

Trainer: Ms. Aibaniahunlang Tlang

Participants: 30

Jaintia Eastern College, in collaboration with Dalmia Bharat Foundation and Dalmia Cement Ltd., successfully conducted Batch 1 of the *Beauty Care Course* aimed at empowering educated unemployed youth through skill-based training. The 3-month programme offered practical and theoretical knowledge in personal grooming and beauty care, along with a 120-hour internship for real-world exposure.

All participants completed the course successfully. This initiative reflects the college's commitment to self-employment, women empowerment, and community development.

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Retail Management Course at Jaintia Eastern College, Khliehriat

Supported by the Meghalaya State Skill Development Society (MSSDS)

*Shri. B. Dkhar
Faculty of Commerce &
Teacher In-charge Skill Education*

In a significant step toward bridging the gap between education and employability, Jaintia Eastern College, Khliehriat, in collaboration with the Meghalaya State Skill Development Society (MSSDS), launched the Retail Management Course in 2022. This initiative is part of the college's broader mission to provide skill-based, job-oriented education to youth in the region, especially focusing on unemployed educated youth.

The course is conducted annually with a total enrollment capacity of 60 students, divided into two batches of 30 students each. It offers comprehensive training in various aspects of the retail sector, including:

- Retail operations and store management
- Customer service and sales techniques
- Inventory and supply chain management
- Visual merchandising
- Retail marketing and branding
- Soft skills, workplace communication, and personality development

Through this well-structured curriculum, students are equipped with the necessary knowledge and practical skills to enter the retail industry with confidence and competence.

Real-World Impact:

The success of the program is reflected in its outcomes; many students have secured employment in reputed retail companies and outlets both within Meghalaya and in other states across India. Some have even taken entrepreneurial steps toward starting their own small retail ventures. With continued support from MSSDS and the dedicated efforts of the college, the Retail Management Course stands as a model of effective skill development, contributing to youth empowerment, economic growth, and the overall development of the region.

Report of Retail Management Course – 2023-24

The Retail Management Certificate Course (Batch 1, 2023) at Jaintia Eastern College, Khliehriat, was conducted from April 14, 2023, to August 8, 2023, at the Skill Training Partner (STP) Centre. The program aimed to enhance participants' skills in retail management through a well-organized curriculum that combined theoretical knowledge with practical training.

The course was funded by the Meghalaya State Skill Development Society (MSSDS) under the Skill Meghalaya scheme.

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| Details | Batch 1 (2023) |
|---------------------------------------|--------------------------------------|
| Course Name | Retail Management Certificate Course |
| Duration | April 14 – August 8, 2023 |
| Total Trainees Registered | 60 |
| Trainees Completed | 35 |
| Trainees Untrained | 25 |
| Funded By | MSSDS under Skill Meghalaya |
| Local Retail Outlets Placement | 20 |
| Out-of-State Establishments Placement | 1 |
| Total Placements | 11 |

Key Observations:

- Completion Rate: 58% (35 out of 60 students)
- Dropout Rate: 42%, mainly due to logistical challenges and other commitments.
- Employment Success: 11 trainees secured employment.

The experience gained during Batch 1 provided valuable insights into improving trainee retention and support mechanisms.

Improvements Implemented:

- Assisted students in accessing incentives from government sources such as the DIC office to start their own retail businesses and other ventures.
- Strengthened partnerships with local businesses to offer internships, practical exposure, and job placement opportunities.
- Encouraged students to start their own businesses, providing guidance and support at every stage.
- Focused on developing soft skills such as communication, teamwork, problem-solving, customer service, and workplace readiness to enhance employability.

Conclusion

The Retail Management Certificate Course at Jaintia Eastern College, Khliehriat, supported by MSSDS under the Skill Meghalaya scheme, has successfully enhanced youth employability and skill development since 2022. Through its batches in 2023, the course has empowered students with market-relevant skills, contributing to regional economic growth, and building a skilled workforce. With continued support and commitment, the course is poised for even greater impact in the future.

Teacher's Reflection

ENTREPRENEURSHIP AS A PATH FORWARD FOR MEGHALAYA

Shri. B. Papang

Faculty Department of Commerce

Understanding Entrepreneurship

Entrepreneurship is a multifaceted practice that blends elements of both art and science. According to Peter Drucker, it is a practice grounded in a knowledge base, aimed at addressing specific challenges. Entrepreneurs serve as the catalysts in this process; they are problem solvers and innovators who strive to meet the needs of their communities. Much like captains navigating a ship through turbulent waters, entrepreneurs lead initiatives while relying on a dedicated team of investors, employees, and supporters.

The Role of Entrepreneurship in Economic Growth

Historically, successful nations have thrived on the innovative spirit of their entrepreneurs. In alignment with the vision of a "New India," and "India@2047" vision, the potential for entrepreneurship in Meghalaya is vast. Beyond generating solutions to pressing issues, entrepreneurs are instrumental in creating jobs and driving economic development. In a world where every challenge necessitates a solution, entrepreneurs are crucial agents of change.

Shifting Mindsets Among Youth

Observations indicate that young students often aspire to traditional careers—such as doctors, engineers, and lawyers—while rarely considering entrepreneurship as a viable path. This trend presents a challenge: if everyone pursues similar professions, competition for limited jobs intensifies. To cultivate a diverse and dynamic economic landscape, it is essential to promote entrepreneurship as an appealing and viable career choice.

Encouraging an Entrepreneurial Spirit

To secure a prosperous future for Meghalaya, fostering an entrepreneurial mindset among the youth is imperative. This involves integrating entrepreneurial education into school curricula from an early age. By instilling skills such as innovation, problem-solving, and risk management, we can empower the next generation to become job creators rather than merely job seekers.

Economic Impact of Entrepreneurship

Entrepreneurship significantly contributes to the GDP of nations, and Meghalaya stands to benefit immensely from its promotion. By supporting local entrepreneurs, we can stimulate economic growth, create employment opportunities, and enhance the overall quality of life in the state. The growth of small and medium enterprises (SMEs) can lead to sustainable development and poverty alleviation.

THE SCOPE OF ENTREPRENEURSHIP IN MEGHALAYA

Entrepreneurship has the potential to significantly impact various sectors in Meghalaya, each offering unique opportunities for innovation and growth. Here's an expanded exploration of the scope of entrepreneurship in key areas:

1. Entrepreneurship in Agriculture:

Agriculture remains a cornerstone of Meghalaya's economy, and entrepreneurship can enhance productivity and sustainability. Innovative farming techniques, organic farming, agro-tourism, and value-added processing of local produce can open new markets. Entrepreneurs can introduce modern technologies, such as precision farming and smart irrigation systems, to optimize resource use. Additionally, promoting traditional crops and practices can lead to niche markets, fostering sustainable agriculture while preserving local heritage.

2. Entrepreneurship in Technology

The technology sector in Meghalaya is poised for growth, with opportunities in software development, IT services, and digital solutions. Startups can focus on creating tech solutions tailored to local needs, such as e-governance platforms, agricultural apps, and e-commerce for local artisans. Promoting tech education and incubators can nurture a new generation of entrepreneurs, helping them leverage technology to solve local challenges and connect with broader markets.

3. Entrepreneurship in Society

Social entrepreneurship can drive positive change by addressing social issues through innovative solutions. Entrepreneurs can develop community-driven initiatives that focus on education, healthcare, and sustainable livelihoods. By empowering marginalized groups and promoting inclusive practices, social entrepreneurs can create a ripple effect of empowerment and economic growth. Initiatives such as skill development programs and cooperatives can enhance community resilience and foster a culture of collaboration.

4. Entrepreneurship in Tourism

Meghalaya's breathtaking landscapes, rich cultural heritage, and diverse traditions make it a prime destination for tourism. Entrepreneurs can tap into this potential by developing eco-friendly accommodations, guided tours, and cultural experiences that highlight local traditions. Promoting responsible tourism can foster community engagement and provide economic opportunities for local populations. Additionally, leveraging digital marketing strategies can help attract tourists, further boosting the local economy.

5. Entrepreneurship in Farming

Beyond traditional agriculture, entrepreneurship in farming can encompass innovative practices like agroforestry, aquaponics, and hydroponics. These methods not only increase yield but also promote sustainability and environmental conservation. Entrepreneurs can also focus on creating cooperatives that empower farmers to collectively market their produce, negotiate better prices, and share resources. By diversifying crops and integrating modern technology, farmers can enhance food security and create profitable ventures.

6. Entrepreneurship in Handicrafts and Handlooms

Meghalaya has a rich tradition of handicrafts and handloom products. Entrepreneurs can capitalize on this heritage by creating cooperatives that empower artisans and promote their crafts. By focusing on design innovation and marketing strategies, local products can find markets both domestically and internationally. Sustainable practices in sourcing materials and promoting fair trade can also enhance the economic well-being of artisans.

7. Entrepreneurship in Renewable Energy

With the increasing focus on sustainable energy, there is a significant scope for entrepreneurship in renewable energy sectors, such as solar and biomass. Entrepreneurs can explore innovative solutions for energy generation, distribution, and management, especially in rural areas where access to electricity is limited. Promoting solar panel installations and biogas projects can not only create jobs but also contribute to energy independence and sustainability.

8. Entrepreneurship in Health and Wellness

The health and wellness sector is ripe for innovation, with opportunities in fitness centers, wellness retreats, and holistic health services. Entrepreneurs can develop health-focused products that

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incorporate traditional healing practices or organic food products. By promoting awareness about health and well-being, local businesses can foster a culture of wellness in the community while creating employment opportunities.

9. Entrepreneurship in Education

With a growing demand for quality education, there is ample scope for entrepreneurship in educational services, including tutoring centers, vocational training, and e-learning platforms. Entrepreneurs can develop programs that address skill gaps in the local workforce and promote lifelong learning. By leveraging technology, educational initiatives can reach a broader audience, enhancing the overall quality of education in Meghalaya.

10. Entrepreneurship in Real Estate and Infrastructure

As urbanization continues, opportunities in real estate and infrastructure development are on the rise. Entrepreneurs can invest in residential, commercial, and mixed-use developments, addressing the growing demand for housing and amenities. Additionally, there is scope for infrastructure projects that enhance connectivity and accessibility, such as roads, bridges, and public transportation systems.

Conclusion

In conclusion, entrepreneurship is not just a pathway for individual success; it is a critical driver for the economic and social advancement of Meghalaya. By nurturing an entrepreneurial culture and equipping the youth with the necessary skills, we can pave the way for a thriving economy, innovative solutions, and a brighter future for all. The journey begins with recognizing the importance of entrepreneurship and actively promoting it within our communities and educational institutions.

*“Business opportunities are like buses, there’s always another one coming”
-Richard Branson*

Understanding Goods and Services Tax (GST): A Comprehensive Guide for Students, Teachers and registered taxpayer having GSTIN:

Shri. B. Papang
Asst.Profesor

Department of Commerce

The Goods and Services Tax (GST), introduced in India on July 1, 2017, is a major reform in the tax system, streamlining various indirect taxes into a single, simplified structure. It has significant implications for businesses, consumers, and the broader economy, making it essential for students, teachers, and future business owners to understand.

What is GST?

GST is a destination-based, value-added tax applied to the supply of goods and services. It is designed as a multi-stage tax, meaning it is collected at every step of the supply chain, but the final burden is borne by the end consumer. GST operates under a dual system, meaning both the Central Government and State Governments levy taxes on the same transaction. It replaced indirect taxes such as VAT, service tax, and excise duty.

Types of GST

- Central GST (CGST): Collected by the Central Government for intra-state sales.
- State GST (SGST): Collected by the State Government for intra-state sales.
- Integrated GST (IGST): Collected by the Central Government for inter-state sales.

For instance, if a product is sold within Meghalaya, both CGST and SGST are applied. However, for sales between Meghalaya and Assam, IGST is levied.

Input Tax Credit (ITC)

A key feature of GST is the Input Tax Credit (ITC), which allows businesses to offset taxes paid on inputs (purchases) against taxes collected on outputs (sales). This mechanism prevents the cascading tax effect, where taxes were levied on top of other taxes.

Detailed Explanation of GST and ITC Flow:

In the above diagrammatic representation, we are looking at the flow of GST (Goods and Services Tax) and how Input Tax Credit (ITC) is claimed at each stage of the supply chain. Let's break it down step-by-step, explaining how GST is passed on and how ITC is claimed.

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1. Supplier → Manufacturer:

Transaction: The supplier sells raw materials to the manufacturer.

Cost of raw materials: ₹1, 00,000

GST charged (18%): ₹18,000 (This amount is collected by the supplier and paid to the government.)

Manufacturer's Input Tax Credit (ITC):

The manufacturer pays ₹18,000 as GST to the supplier. The manufacturer is eligible to claim this ₹18,000 as ITC, which can be used to reduce their GST liability when they sell their products.

2. Manufacturer → Retailer:

Transaction: The manufacturer uses the raw materials to produce goods, which are then sold to the retailer.

Cost of goods: ₹1, 50,000

GST charged (18%): ₹27,000 (This amount is collected by the manufacturer and will be paid to the government.)

How ITC is applied:

The manufacturer had already paid ₹18,000 as GST on the raw materials purchased from the supplier. Now, the manufacturer can claim ITC of ₹18,000 against the ₹27,000 collected as GST from the retailer. The manufacturer only needs to pay the difference to the government.

Amount payable to the government: ₹27,000 - ₹18,000 = ₹9,000

3. Retailer → Consumer:

Transaction: The retailer sells the final product to the consumer.

Cost of final product: ₹2, 00,000

GST charged (18%): ₹36,000 (This amount is collected by the retailer and will be paid to the government.)

How ITC is applied:

The retailer had already paid ₹27,000 as GST when buying the product from the manufacturer. The retailer can now claim ITC of ₹27,000 against the ₹36,000 collected as GST from the consumer. The retailer only needs to pay the difference to the government.

Amount payable to the government: ₹36,000 - ₹27,000 = ₹9,000

Final Consumer Bears the Full GST:-

The consumer is the end user in this supply chain. Consumers cannot claim ITC because they are not reselling the product but using it for personal purposes.

Final price paid by the consumer: ₹2, 00,000 + ₹36,000 (GST) = ₹2, 36,000.

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Thus, the final GST burden of ₹36,000 is borne entirely by the consumer. However, because of the ITC mechanism, the businesses in the supply chain (supplier, manufacturer, retailer) were able to claim credit for the taxes they paid and only pay the balance difference to the government. This eliminates the cascading tax effect (tax-on-tax).

Summary of ITC Flow:-

- Supplier: Collects and pays ₹18,000 GST to the government, no ITC.
- Manufacturer: Pays ₹18,000 GST to the supplier, collects ₹27,000 GST from the retailer, claims ₹18,000 ITC, and pays ₹9,000 to the government.
- Retailer: Pays ₹27,000 GST to the manufacturer, collects ₹36,000 GST from the consumer, claims ₹27,000 ITC, and pays ₹9,000 to the government.
- Consumer: Pays ₹36,000 GST bears the full GST burden since they cannot claim ITC.

This system ensures that GST is only applied on the value addition at each stage, avoiding double taxation and ensuring transparency in tax collection.

ITC Eligibility and Compliance

ITC can only be claimed under specific conditions:

- Goods or services must be used for business purposes.
- A valid tax invoice or debit note is required.
- GST returns must be filed correctly and on time.

Importance of ITC for Businesses

Eliminates Tax Cascading:

- Reduces the tax burden on businesses and consumers.

Reduces Tax Liability:

- ITC lowers the amount of tax payable, improving business efficiency.

Encourages Compliance:

- Ensures businesses keep proper documentation and follow GST rules, fostering greater transparency.

Filing GST Returns

To claim ITC, businesses must regularly file GST returns. Common returns include:

- GSTR-1: Outward supplies (sales) report.
- GSTR-3B: Monthly summary of tax liability and ITC.

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- GSTR-9: Annual return summarizing the year's GST activities.

Failure to file these returns can result in penalties and loss of ITC.

Benefits of GST for Businesses

Simplified Tax Structure:

- By consolidating multiple taxes into one, GST makes compliance easier.

Boosts Competitiveness:

- Eliminating cascading taxes lowers the cost of goods, enabling businesses to offer more competitive prices.

Uniform Tax Rates:

- Consistent tax rates across India promote interstate trade and reduce operational costs.

E-Commerce Growth:

- GST has simplified tax compliance for online sellers, ensuring a single tax regime for all sales.

Impact of GST on Consumers and Society

Consumers benefit from GST through:

- Lower Prices: The elimination of cascading taxes leads to reduced prices.
- Simplified Buying Experience: A single tax rate on products removes confusion about multiple taxes.
- Economic Formalization: GST has encouraged businesses to comply with tax laws, reducing black money and boosting government revenues.

Conclusion

GST is a transformative tax reform that has streamlined India's tax system, fostering greater transparency, efficiency, and compliance. The Input Tax Credit mechanism is particularly beneficial for businesses, allowing them to reduce their tax burden while preventing the cascading effect of taxes. Understanding GST is crucial for students, teachers, and future entrepreneurs, as it impacts both business operations and the broader economy.

"NCC is not just a word. It's power of nation pride and emotional feeling of every Cadets" - YesP

Ego

Beket Siangshai, HoD

Dept of

Political Science

What is ego?

The ego is self-generated identity consisting of every belief we believe about who and what we are. This includes our personality, our talents and our likes and dislikes. The ego is what keeps us locked away in our minds in an endless cycle of chatter, separated from the present moment. It is the identity created and reinforced by the story we tell ourselves. Our stories are, however, just those stories. They do not make us who we are. “The most common ego identifications have to do with possessions, the work you do, social status and recognition, knowledge and education, physical appearance, special abilities, relationships, person and family history, belief system, religions and other collective identifications. None of these are you.” While ego is an aspect of the human condition, it is not the true essence of who we are. We are generally obsessed with right and wrong... blame and shame. We are not acting from a loving place, but a judgemental place. We are not acting from a place of “how can I serve” or “how can I give”... rather “What do I get” and “how do I look”.

How to manage your ego?

1. The ego loves to get offended. It loves to feel wounded and thrives on pain and conflict. When we choose to be offended over things we are actively choosing to allow the ego to take hold of our lives and create pain. In order to dissociate from this decision and make a different choice, we must recognize that love is our natural state. Humans actually want to connect and feel joy, not misery. If someone does or says something that makes you feel any negative emotion, you have two choices, you can create and engage in conflict, or you can recognize that the trigger within you is an opportunity for your own growth. You can choose to recognize that anything negative said or done from another is likely a projection of their own ego. Don't waste your time on ego battles. Save it for love and service.
2. Forgive – the ego loves being right. It sustains itself in their way. It also keeps you from doing what you need to do to move closer to love and truth. The ego is sort of like a weed in this way. It may have pretty flowers for your inner garden, but if left unattended it will choke out all your other plants and leave you in a big mess. When you forgive, you allow your heart to open and you separate from the need to be right and instead choose love. This is functioning from your true self. Forgive others and forgive yourself too. Let go and observe, let go of trying to be right, trying to win, trying to be seen, and trying to be heard.
3. Observe- the ego wants to prove itself and jump up and down to gain love and validation. Our higher self knows that is love. By becoming aware

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of the ego and it needs to be seen, heard and acknowledged, you open up space to be seen and heard without expectation.

One of the principals egoic mind patterns is making yourself right and others wrong. How are you seen by others become the mirror that tells you what you are and who you are. Most people are so completely identified with the voice in the head, this is the egoic mind because there is a sense of self, of I (ego), in every thought, every memory, every interpretation, opinions, viewpoints, reaction, emotion. This is unconsciousness or unawareness.

In most cases, when you say “I “, it is the ego speaking, not you. The content of the ego varies from person to person, but in every ego the same structure operates. In other word egos only differ on the surface, they live on identification and separation. So every ego is continuously struggling for survival, trying to protect and enlarge itself.

Complaining is one of the ego’s favourite strategies in strengthening itself. Applying negative mental labels to people, either to their face or more commonly when you speak about them to others or even just think about them is often part of this pattern.

The ego loves to complain and feel resentful not only about other people but also about situations. There is nothing that strengthens the ego more than being right. Being right is identification with a mental position – a perspective, an opinion, a judgment, a story. To be right, of course, you need someone else to be wrong, and so the ego loves to make someone wrong in order to be right. “I am right and you are wrong” is a dangerous thing in interaction with people. There is no complaining, blaming, accusing, or making wrong. Nobody is wrong. It is the ego in someone which makes all these right or wrong patterns.

Whenever, you feel superior or inferior in front of anyone, that’s the ego who feel it not the real you. Some egos if they cannot get praise, attention or admiration, will settle for another form of attention and play roles to elicit them. All egoic motivations are self-enhancement and self-interest. “There is nothing either good or bad, but thinking makes it so.” All you need to do is be aware of your thoughts and emotions as they happen.

Unconscious people who trapped in their egos throughout their lives will quickly tell you who they are: their name, their occupations, their personal history, the shape or state of their body and whatever else they identify with. What matters to you is not necessarily what you say or believe, but what your actions and reactions reveal as important and serious to you.

It is the ego who said, “I don’t get any respect, attention, recognition, and acknowledgement” and you may not want to know yourself because you are afraid of what you may find out. Your decision to make the present moment your friend is the end of ego. When someone criticizes or blames

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you, instead of immediately retaliating or defending yourself do nothing. This will end the ego of the person who used it against you.

Demanding recognition for something you did and getting angry or upset if you don't get it; trying to get attention by talking about your problem, the story of your illness, or making a scene; giving your opinion when nobody has asked for it and it makes no difference to the situation; This is ego because wherever you are, ego follows you. Wherever you go, whatever you are doing, your worst enemy already lives inside you: your ego. Perhaps you have always thought of yourself as a pretty balanced person. But people can easily identify the ego that resides in you.

Modern Psychologists used the word "egotist" to refer to someone dangerously focused on themselves and disregard for anyone else. Most of us aren't "egomaniacs", but ego is there in every one of us. Ego is not some powerful force which cannot be managed and directed. However, it can be managed and directed if you replaced ego with humility and discipline.

When we remove ego, we're left with what is real. What replaces ego is humility. Ego is artificial, ego is stolen, and ego is self anointed. The decision is yours to choose; ego or humility. It is also necessary to keep in mind that though we think big, we must act and live small in order to accomplish what we seek.

We seem to think that silence is a sign of weakness, so we keep on talking as if our life depends on it. In reality silence is strength, because anyone can talk about himself or herself. Even a child knows how to gossip and chatter.

False ideas about yourself destroy you. Hence, always be a learner and listener. This is where you apply humility. This begins by accepting that others know more than you and that you can benefit from their knowledge.

You will never become better if you're convinced that you are the best. Humility is what keeps you concerned that you don't know much and that you must continue to learn. Ego on the other hand blocks you from improving by telling you that you don't need to improve.

You are not really as good or as important as you think you are. You have an attitude that needs to be readjusted because most of what you think you know or most of what you learned in books or in school is out of date or wrong. Greatness comes from humble beginnings; it comes from hard work. It means you are the least important person in the room until you change that with good results.

A proud man is always looking down on things and people; and of course, as long as you are looking down, you cannot see something what is above you. (C.S. Lewis)

THE JOURNEY TO THE LAND OF THE RISING SUN

Shri. Bendicktion Suiam
Faculty of PG Education
Department

One day, together with my friends we were planning to travel to one of the beautiful states in northeast. I am very excited about it and at the same time I'm very curious to know about the culture of the people living in that state. When that day comes, we planned to leave early in the morning. Then on that day I got a call from one of my friends saying that they will be waiting for me at the junction near my place. So our journey began from our own place by a taxi and we went to the train station. And the moments we reach there many porters came to us and even try to snatch our luggage from us but at the end we manage to handle it by ourselves. We wait in the station till 9pm because our train was delayed. Before we reach our destination, we met different people belonging to different places and different background. One of the scary part is that the moment we heard the sound of clapping hand of the transgender we were taken aback and we pretend to sleep so that they will not disturb us but still they came to disturb us.

The next day, we reach our destination early in the morning. One of the drivers came to pick us from train station to the guest house and when we reach there we relaxed ourselves for about 1 hour and after that we were entertained by the local people. The first thing I noticed was that the weather is different from where we came from. So during night time we could not sleep well because it was too hot and we haven't adapted to the weather yet. We stay in that particular place for about 5 days. During my stay in that place I have experience many things like the eating habits, cultures, traditions and language of the people living in the area. We explore some of the places like Himalayan heritage Complex Ziro.A.P (Botanical Garden) where we can see the beautiful valley, Jawaharlal Nehru State Museum, etc. We also visit The Art of Living Retreat Center, Itanagar where we saw how the people worship God, and then went to witness the soothing scenery of Ganga Lake, Itanagar and many more places. The people who lived in that place are very friendly and helpful in nature. One of the thing I admired about this place is that it offers the most beautiful sight that anyone could have seen and that is the sunrise. Arunachal Pradesh is also known as the Land of the Rising Sun because it gets the first sunrise in the country. The sunrise there is very beautiful and very shiny. No one can elaborate it more so one needs to go and explore by themselves the beautiful sunrise over there.

Arunachal has a lot to offer to the people who wish to visit it. Apart from its title, "The Land of the Rising Sun", many sights and sceneries are very beautiful that can take away our sorrow, anxiety and can bring us happiness.

THE IMPACT OF SOCIAL MEDIA IN EDUCATION

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Introduction

Being in the 21st century, and in addition to the pandemic faced by the world in the past years, social media has got its root in the educational system. Educational institutions use the platform of social media to deliver education to the student and even conducted different academic tests and examinations through this platform. This helps to enhance the education of children besides classroom teaching-learning. Nowadays, students are allowed to bring different gadgets like, laptops, smart phones, iPod etc. to fulfil the requirement of the teaching-learning process. With the advancement of social media, educational institutions are making use of this medium to better their practices. Any web site that allows social interaction is considered a social media site (Undiyaundeye, 2014). It brings a close connection and relationship between people around the world especially students which heighten the knowledge and understanding of the students in the field of education.

Definition of Social Media

Social media can be broadly defined as ‘social communication between people in which they create, distribute or exchange information and thoughts in communities and virtual networks’(Desai, 2017). In the same way, Social Media has been defined by Boyd & Ellison, (2008) as websites which allow profile creation and visibility of relationships between users (Wolf, Sims, and Yang, 2018). Likewise, Social media is the term often used to refer to new forms of media that involve interactive participation (Manning, 2014).

From the above definition, we can say that social media is the application of online technologies which involve interaction and relationship of user or participants.

The characteristics of social media

Social media allow people to do identity work (Manning, 2014). It enables individual to express themselves, open their thoughts, opinion and experiences for some kind of reflection to consider themselves for improvement and development in their interested areas. It is a combination of rich content, active intelligence and collaborative communications which creates a compelling user experience in business settings (Chou, 2014). Further, social media connect users around the world, so that they can exchange and share information with the same platform (Hu, & Lin, 2013). It is describe as web-based communities of people who interact with each other through forums, chat, link sharing, and more.

Social media has largely contributed to the development of various aspects which was widely used to gather information which was so rich, real and has great value. Social media has both positive and negative influence in education. Therefore, it is very important to study about their influence in detail:

Positive impact of Social media in education

Teachers and adults are no longer the only sources of knowledge (Raut&Patil, 2016). Social media and networking has stimulated students to perform their academic effectively through their peer, by learning and motivate each other through online mode. The platform through social media has drastically changed the education of the students from time to time.

- 1. Learning abilities:** The development of social media in the platform of education has really provides opportunities for learner to develop and maintain their own learning activities which place the control of learning in the hands of learner themselves as compared to traditional learning method (Raut&Patil, 2016). Social media can be used in different ways through sharing information and knowledge, holding live lectures and discussion as well as providing feedback and more. In this same line Desai (2017) in the study revealed that 47% of teachers said that participation in social media platforms could help improve their students' education.
- 2. E-learning opportunities:** The adoption of social media in e-learning signals the end of distance education as we know it in higher education (Mnkandla & Minnaar, 2017). A new generation of E-learning associating with Online Social Networking sites will impact students' learning experience and can serve the learning sector in many ways (Dafoulas, &Shokri, 2014).
- 3. Developing creativity:** Social media has really help student to identify their hidden talent and learn to execute and perform their interest and abilities effectively. Vilarinho-Pereira, Koehler, and Fleith, (2021) pointed out that social media, with the appropriate pedagogical methodology, can be successfully used as an educational tool to build an environment that promotes student creativity.
- 4. Updating information:** The advancement of technology through social media has helped students and teachers in updating latest information at the earliest. The rapid transfer of information over large distances removes the barriers of time and place. Social media has been studied for sharing learning experiences, research, academic events and getting the latest information by the users (Ugur, &Turan, 2019).
- 5. It improves connectivism:** Connectivism suggests student to combine thoughts, theories, and information in a proper manner. Ugur and Turan (2019) stated that connectivism as a learning theory could illustrate how social media is used to provide data for students

to learn and share information in a higher education learning environment. In this way, it provides opportunities to students to build their expertise and attention to their interest and abilities.

6. Self-paced learning: Sites that are designed for educational purposes are known as educational sites. Educational sites have a unique characteristic of self-paced learning, where the course content can be viewed by learner at any place and time and at student's convenience (Meena, 2013).

7. Content generating: Most social technology allows users to easily create their own content and can actively share information, opinions and support to all network users (Fenny, Pardamean, & Darudiato, 2013). Through social media students are able to publicise their works and ideas which heighten their skills and abilities to higher level.

Negative impact of Social media in education

The influence of social media in education also has caused harmful effects in the well-being of the students. The following points describe some of its negative impact in students:

- 1. Causes of distraction:** Uses of social media in education mostly tempted student to use most of their time inscrolling and updates unnecessary information rather than concentrating in learning. It had become a major distraction to students, causing the overall performance of students to decline, especially the ones who tend to check their Facebook and twitter while studying (Raut&Patil, 2016).
- 2. Addiction:** As revealed by Raut and Patil, (2016), the prime bad effect of social media is addiction. This addiction could negatively affect other valued activities like concentrating on studies, taking active part in sports, real life communication and ignoring ground realities. Social media if not use in a proper way may lead to physical health problem too.
- 3. Less time in social relationship or development:** The more time students spend on social sites, the less time they spend socializing in person (Raut&Patil, 2016). This decline the social development of the students.
- 4. Decreasing the ability to retain information:** Our ability to retain information has decreased, and the willingness to spend more time researching and looking up good information has reduced, due the fact that we got used to the ease of accessibility to information on social media (Raut&Patil, 2016).
- 5. Poor Academic Performance of the students:** Uses of social media by students leads to poor performances of the students in academic field. Studentstend to be actively involved in other entertainment insteadfor academic purposes.

Discussion:

Nowadays social media plays an important role in the process of teaching learning. By using this platform, students and teachers gain access to and participate in global digital communities, which provide opportunities for extending learning beyond the boundaries of a classroom. Emphasizing on the positive and negative side of social media in education enlightened us, with the role and importance of social media in developing the educational process to another level as well as the drawbacks which have to be taking care while using it especially in dealing with students. Teachers and parents need to follow up from time to time to check the progress of their student and children to ensure the positivity of the child development. Social media in education will help student to discover their learning materials and interact with their teachers and instructor effectively (Fenny, Pardamean, & Darudiato, 2013). It is one of the educational tools which afford multiple opportunities for students and teachers to grow and improve learning.

Conclusion:

To conclude, social media has play an important role in education, which have lifted and expand the knowledge and information of the students. However it is very important to keep in mind the drawbacks and effects of social media too. It has become one of the fastest channels of communication between teachers and parents, teachers and students, and peer groups which enable to keep in touch with latest information. In this way it helps to tackle the improvement of teaching learning issues of the students.

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Social media creates communities, not markets – Don Schultz

Leadership

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A leader is a person who leads by example not merely by words. Words doesn't mean as much as action does. Hence, a great leader is a man of action. He is a man who can reach to the masses and are approachable and accessible by the general masses.

A leader has to earn that title. You can't become a leader just because you are popular. To earn the title you have to gain the respect and admiration of those around you. You have to make the people confident that you will be there when they need you. You can't make excuses and shouldn't be afraid of taking any chances to lead others down the road.

A quality leader is such that he is able to attract huge number of people from across the country, of all colours, communities and races. Martin Luther King was one good example of a quality leader who was able to inspire a country to change not just for the good of a minority, but for the good of everyone.

Great leaders are those who are able to inspire people to act. They are able to give people a sense of purpose and those who truly lead are able to inspire people to follow not because they are forced but because they were inspired by their act. Great leaders understand the value in the things we cannot see. They are good at seeing things what most of us can't see. They are good at giving us things we would never think of asking for.

Leadership is the ability to stick people together through thick and thin not just for a short period but for a long term. The role of a leader is not to come up with all great ideas but to create an environment in which great ideas can happen.

A true leader doesn't manipulate people but he motivates them. However, leader is not the same as leading. Being leader means you hold the highest rank, either by earning it, good fortune or by navigating internal politics. Leading on the other hand means that others willingly follow you not because they have to, not because they are paid, but because they want to.

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A leader is a decision-making human machine. In reaching creative decisions, the raw materials are the ideas. Ideas from other people help to spark your own ideas so your mind is more creative. Learn to be a good listener to receive new ideas because, “When you talk, you are only repeating what you already know. But when you listen, you will learn something new.” Ideas are the nutrients of your thinking. So always welcome new ideas and thoughts.

According to Keith Davis, “Leadership is the ability to persuade others to seek defined objectives enthusiastically. It is the human factor which binds a group together and motivates it towards goals.”

In the words of Peter Drucker and Warren Bennis, “Management is doing things right; leadership is doing the right things.” The leader is the one who climbs the tallest tree, surveys the entire situation, and yells, “Wrong jungle!”

A leader is an individual who possesses the ability to encourage, motivate and influence others. The real leaders manage and reward the people who are smarter than them in some area. He has the ability to create and communicate meaning, genuinely care about people, communicate clearly and honestly, be aware of the larger context of situations and foster relationships with others that determine his or her leadership capacity.

Major attributes of leadership

Courage: An effective leader should have self-confidence and courage. A leader should lead his team from the front no matter whatever the consequences may yield because no people wishes to be lead by a leader who lacks courage and self confidence.

Character: Character is one of the essential elements of a great leader because without character the leader has no discipline and without discipline there is no effectiveness. Character is hard to teach, even to really smart people. Therefore, you first build character, before you build a leader. The real key a leader can influence the people is his example, his actual conduct because his character is constantly radiating, communicating from his example and the people can trust or distrust him through his example. People really don’t care how much you know until they know how much you care.

Compassion: The successful leader must be compassionate with his followers. Moreover, he must be able to understand them and their problems. He must be kind, generous and respect for others. These

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characteristics are what define a true leader, someone whose legacy will continue to inspire, lead and guide well beyond his time. He looks at the weakness of others with compassion, not accusation.

Cooperation: Capable leader must understand and apply the principle of cooperative effort and be able to convince his followers to do the same.

Shouldering responsibility: A key element of a true leader is being able to shoulder the responsibility for the welfare of others. He must shoulder the responsibility for the mistakes and the drawbacks of his team. A leader who tries to shift such responsibility is not a leader.

Self-control: A leader should be calm and composed in nature in any situations. The man who cannot control himself, can never control others.

Right decision: A leader who cannot make and take the right decision shows that he is not sure of himself. Such leaders are incapable to lead others successfully. However a leader who is definite and specific in making and taking the right decision can lead his followers successfully.

Proper Planning: The leader who is successful prepares his plan well and works his plan accordingly. A leader who has no definite plan and led his team by guesswork without proper planning is like a ship that has no sailor and sooner or later he will sink into the sea.

“If your actions inspire other to dream more, learn more, do more and become more, you are a leader”-John Quincy Adams

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Defeat Fear to Achieve Your Dreams

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Everyone in this universe has a dream, a dream to achieve something big in life, a dream to have a happy and secure life. But the fact is that most of us don't even begin the journey towards achieving success because we are afraid to start. Ralph Waldo Emerson said: "Fears defeats more people than any other thing in the world." We generally tend to fail to follow our dreams because we fear that we may not succeed and we all aware that success doesn't come easy in life; it comes with struggle, patience, discipline and hard work.

However, we must know that any dreams or goals can be achieved; any dreams can be translated into reality, you can make your dreams come true. This will happen when you win your inner battles, when you are able to conquer your fear. Fear is the enemy which stops us from achieving our goals. We generally believed that success can be achieved only by the selected few individuals. We also believed that they are lucky. But that is not true.

People who win or achieve success decided that they can defeat fears by making and taking choices and decisions that they can overcome what they fear. The most effective antidote for fear is to face it with confidence.

Fear is one of the main obstacles which hinder success and we must identify it to address it. Today's fears are mostly psychological such as worry, tension, depression and embarrassment etc, all emerged from lack of self-confidence. Fear stops people from making use of an opportunity; fear makes people sick, fear closes your mouth when you want to speak. To conquer fear you must take action because action cures fear. You must face the challenges or the situations that you fear then only you can overcome fear. You can destroy fear only by taking appropriate action that is 'to face what you fear.' This will drive away all your fear.

"Successful people are those who are able to see that ideas or thoughts rule the world." The quality of your thinking determines the quality of your life. Success evolves with the way individuals thinks. Everyone wants success. But few actually work for it. The successful people have the habit of doing things that failures don't like to do.

A successful person is a super confident person who believes he is the best and so he act and deliver the best. Lack of self-confidence is one

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of the greatest problems that hinder people to succeed. Being confident depend upon the kind of thoughts that occupied your mind. If you think defeat you are bound to be defeated. But if you inculcate the habits of thinking about success in whatever you do you will definitely develop a strong sense of achieving it regardless of whatever the situations are. Being confident actually increases your capability and strength.

Confidence is a super power. Confidence is the ability to face any challenges or situations without fear. Confidence isn't "They will like me." Confidence is "I'll be fine if they don't like me." Confidence isn't thinking you're better than everyone else, it's realizing that you have no reason to compare yourself with anyone else. To be confident you have to think and act confidently. Psychologists tell us we can change our attitudes by changing our physical actions. Thinking does make it so. The fellow who thinks he is inferior regardless of what his real qualifications are is inferior. For, thinking regulates actions. Confident action produces confident thinking.

The key to success is to focus on the things you desire not on the things you fear. The ultimate reward of success is joy, happiness, peace of mind and satisfaction. Knowing your problem is the first step in finding the solution. The quality of your thinking determines the quality of your life. Therefore, face the challenges with confidence and you will win all the battles that life brings.

"Your dream are on the other side of fear: walk through it, and greatness awaits"

Drug Addiction Among Youth

By: Smt. Thywillbedone Bareh

Introduction

According to World Health Organisation (WHO) Drug addiction is defined as a “repeated use of a psychoactive substance or substances, to the extent that the user is periodically or chronically intoxicated, shows a compulsion to take the preferred substance or substances, has great difficulty in voluntarily ceasing or modifying substance use, exhibits determination to obtain psychoactive substances by almost any means.”

Therefore, a person take drugs and could not come out from it that makes a drug addicts. It makes the person unaware of the fact that he/she is getting hold up for a long time until he/she gets help. In most of the cases it is difficult to come out completely clean. This is when the support of the family and loved ones comes into great help. The users need love and support during this phase. It plays a crucial role to the process of recovery.

Most people takes drugs due to the influences of their friend circles to get rid of their tension, depression etc. some also consume drugs just to be a part of the trend which otherwise is a threat to their life.

Drug addiction does not discriminate. It affects men and women of all ages, seniors, adults, teen ages and even children. The effects of drugs impact all of society. Many people do not understand why or how other people become addicted to drugs. It is often mistakenly assume that drug abusers lack moral principles or will power and that they could stop using drugs simply by choosing to change the behaviour. But in reality drug addiction is a complex disease, and quitting drugs takes more than good intentions or a strong will.

Causes of Drug addiction

Drug addiction is caused my many different reasons which makes the people to first take it as a try then later they get into and later becomes hard for them to come out of it. Some will consume out of curiosity just because their friends are doing it. Whereas, some consume it as a result to get rid of the stress and depression.

The following are the main causes:

1. Peer pressure- Some people takes drugs due to the Influence of their friends to get rid of their tension, depression etc. Taking drugs with friends is to cope up with their friends standard as they do not want to be left out of their group.
2. Stress, anxiety , depression- In todays world every one wants to live up to the society's standard so when a person cannot live up to the mark he gets into depression which ultimately makes him get involved into so many bad habits like take drugs as they feel like this is the only means to make them avoid that social stigma.

3. Socio-economic status- In most of the cases that we have come across a person who consume drugs mostly belong to a well-to-do family background as they get much liberty in terms of money and most of them they misuse it. However, on the other side a person takes drugs because they cannot take the pain in life that they have to go through.
4. Family- Family plays a very significant role in moulding and shaping a person's life. However if the family is always in conflict where the children gets no peace of mind this will eventually lead them to depression which later led them to taking the drugs.
5. Traumatic past life- Not everyone will come out from a healthy past. We all have had our own bad experiences but not everyone will have a good ending. That is because some choose which way to follow in life. Some may go through in life like sexual abuse, poor parenting, low self esteem, bad company etc., that they cannot erase the painful memory in their mind so they indulge into drugs as they can feel that this can cause an alteration in their mind and give them pleasure that they have never experience.

Drug addiction and its Impact

Drug addiction causes a negative impact to the users in so many ways. It affects their daily life activities. It affects not only physically but mentally as well. Most importantly it kills. Addiction brings instability to the user, his/her family and the friends circle. Life becomes abnormal and this leads to the threat within the family and society as a whole. There is a complete breakdown and the desire to live takes a back seat because drugs becomes the centre of everything.

Most of the people did not know about the end results of drug especially if they are the victims of it. They have been a slave to it that what they see is just a means of relief. One of the many things that a drug addiction may end up with is suicide that is when a person loses his own identity. When a person is so overly indulge himself in drugs he/she is no longer in his/her own state of mind and develops a sense of loneliness that's when his mind starts to stop functioning.

Another great danger is a person may be at risk of developing any sexually transmitted disease like HIV/AIDS as a person is unaware of the spread of the disease especially if a person is uneducated and happens to use a contaminated syringe then he is most likely to develop the disease. Drug addiction has great impact on a person's behaviour which includes like aggressiveness, hallucinations, mental stability, dizziness, drowsiness etc. It also has a great impact on the family as the relationship between the victim and the family becomes strained that's when the victim becomes homelessness because he/she doesn't feel the need and love of the family.

Conclusion

From the above view point, we see that the youths of our society have been falling into prey to this deadly virus. We have come across the various causes and impacts of how drug addiction can really affect the lives of our youths which not only affecting the victim but the society at large. This is an eye opening to us the teachers to step forward and raise an awareness concerning drug addiction as this will help them and their loved ones. Even the government should come up with more rehabilitation centres and educate the teenagers about the ill effects of drugs.

Lastly, the society also must look upon them with a positive change towards them.

Thus, drug addiction is a powerful demon that can sneak and take over one's life. One doesn't have to be caught up in the web of drug addiction. There are so many things a person can do to get themselves clean and sober, and there is no better time than the present.

As one of the beautiful quotes say, "Addiction makes you blind to your reality" – Anonymous

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"Hope is the most powerful tool in healing from addiction"

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Soso Tham

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Ko Makashang, ko Syiem ki lum,
Kynthem ka Ri la jong;
Ko Mawkordor, ko Ksiar Nylla,
Shadem I Mei phi long.
Naduh mynnor, mynta, lawei,
Sawdong ka Lyngwiardpei;
U Simpyllieng laiphew ki rong,
Um lip; shyрта un krei.

Nangto na jrong u Syntai Lum,
Kynjrem la ka Pansngiat;
Phi phah kyrwoh i'u Tiewpathai,
Phi iewbih hajar bnai;
Hangne ha them shyрта ngi dih,
Ki wah rupa jong phi,
Shyngiar ba bang, wahduid ba shngiam;
Hun jrut ka mynsiem hi.
Mynnor ka Ri sha thwei phi jngi,
Shuwa ban ngen ka sngi;
İa ki longdien ha ki khleiñ shyieng,
Ba ngin ym sah rangli.
Phi soi biang biang ia ka lynti
Ban suk ki khun ka Ri;
Hynrei kumno kumne ia ngi
Lynsher ka Langthari!
Jingthoiñ jong phi ia la ka Ri
Ym don thylliej shuh hi;
Ki shai kyndiang hapideng jong ngi,
Palat ia ki kjat sngi.
Kum u Syiemblei na jrong ka Khet,
Na kyndiang ka pyrthei;

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Sawdong dongdit ka Ri jong ngi,
Phi tip kan poi shaei.
Ko Makashang, ko Soso Tham
Ko Thwei ba jylliew tam;
Katba nang ran, katta nang jan
Ka jingpeiphang ïa phi
Ha sahit bneng mynmiet mynshai
Phi dei u Khlur, ka Sngi u Bnai
Ko Tiewlyngksiar ba iewbih thiang
Sha shiliang duriaw bah,
Sa shisien pat ngi thrang ngi sliang
Ba phin don ha syndah;
Hynrei ka maïan blei kam shah,
Kum ba u briew u kwah;
Ka Duitara, Ki Sngi Barim ...
Shyrta ha ngi kin sah.
Khublei shibun shihajar nguh
Ïa phi ko Syiem bakhraw;
U Blei u Trai Nongbuh Nongthaw,
Jingjrem jong phi un law.
To thiah jahthait ha palong syiem
Katba ka sngi dang sah;
Sha jngai na ka pyrthei ba ngiew,
Nongthaw hi un kyrsiew.

*'Winner' in the Poetry Writing Competition on 'Soso Tham' conducted by the Department of Khasi, NEHU & organized by Khasi Student's Union, Mawlai Circle to commemorate the 67th death anniversary of Soso Tham, December 18, 2007

(Ha kane ka sngi la plie ïa u Motdur (Bust) jong u myllung Soso Tham ha NEHU da u Vice Chancellor, Professor Pramod Tandon). La thoh ïa kane ka poim ha ka 16 tarik Risaw, 2007

U paid Khasi un long ryntih lada u pyrkhath kum u Khasi

Ka Poim “U Syntiew Ba Nga Jied” kum ka Sonnet

Mr. Lancaster Nongtdu
Khasi Department

Ka poim “U Syntiew Ba Nga Jied”, ka dei ka wei na ki shiphew tylli ki sonnet ba la thoh da u D.S Khongdup ha ka kot jong u Na Lum Khasi iakaba la pynmih ha usnem 1968.

Ka sonnet ka dei ka jaitpoitri kaba don khatsaw lain, shiphew kynnoh kyntien ha man la ka wei pa ka wei ka lain. Kumta ruh ka poim U Syntiew Ba Nga Jied ka kynthup ia kine ki lain; kiba u nongthoh u pynpaw ia la ki jingsngewbashimet jong u.

Ka sonnet ka don ar jait, kawei ka dei ka Petrarchanne Italian sonnet kaba kynthup ia ki phra lain shakhmat la khot Octave bad ia ki hynriew lain shadien pat la khot Sestette. Kaba ar pat ka Elizabethan ne Shakespearean sonnet kaba don lai tylli ki quatrain bad ka wei ka couplet.

Kumta haba bishar ia ka ka poim U Syntiew Ba Nga Jied,ngi shem ba u nongthoh u bud ia ka dur ka dar jong ka Shakespearean sonnet. Ha kaba u phiah ia ka sonnet jong u ha ki lai tylli ki quatrain bad kawei ka couplet. Ha kaba iadei bad ka hab kyntien jong ka Shakespearean sonnet ka long ababcdcdefef gg. Hynrei ha baphai pat sha kane ka sonnet U Syntiew Ba Nga Jied, yn shem ba ka hab kyntien ka khampher, namar ka hapkyntien ha kane ka poim ka long abab caca dede ff.

Ka sonnet ka don shiphew kynnoh kyntien ha man la kawei pa kawei ka lain, ia ka wei pa ka wei ka lain pat la phiah sha ki san kamra ne phut. Kane ka mut ba kawei pa ka wei ka kamra ka don arkynnoh. Ka kynnoh kaba sting ka wan ha khmat bad ka kynnoh bakhia hadien. Iakane ka jingthew ngi khot Iambic Pentametre.

Nuksa:

| | | | | |
|---------------|------------|-----------|-------|-----|
| 1 | 2 | 3 | 4 | 5 |
| Kyndit /haba/ | ka khmat / | jong ka / | nga i | |
| S K | S K | S K | S K | S K |

Ka phang kren ha ka sonnet: Ki nongthoh sonnet ki kham jied ia ka jingieit kum ka phang pdeng ha ki sonnet jong ki. Ka poim U Syntiew Ba Nga Jied u myllung u wanrah ia ka phang jong ka jingieit, namar la sngewthuh shai ba u kren shaphang ka jingieit samla lane shaphang ka baieit jong u.

Ha ka quatrain banyngkong u myllung u sdang ia ka phang da ka jingiathuhshaphang ka jingiohi jong u ia kawei ka theisamla kaba u ithuh ba ka dei ka theisotti bad u iohi ba ka khmat jong kata ka theisotti ka kham paw napdeng kiwei pat ki para theisotti. Ka jingiohi jong u, ka pynlong ia u myllung ba ki khmat ki jngut da ka jingsuhjer ba la ban jur ka jingshohjingieit ia ka, lah ban sngewthuh ba kane ka samla ka long kaba kham kyrpang namar “marwei ka paw napdeng ki theisotti”. Umyllung u da nujor ruh ia kata ka theisotti bad u ‘tiewlyngskaw baphuh marwei ha kper. Kata ka mut ba kata ka theisotti ka tam duh na baroh kiwei pat ki theisotti kiba u myllung u iohi ha kaba u ong:

Marwei ka paw napdeng ki Theisotti,
Kum Tiewlyngskaw baphuh marwei ha kper.

Ha ka quatrain kaba ar, u myllung u buh ia ka jingkylli shano ki khlur ka bneng ki jah, ha ka jingshai bad jingtyngshain ka sngi. Lah ban sngewthuh ba u myllung u pynshai ia ka jingbhabriew jong kata ka theisamla ka long kum ka sngi bad ka jingbhabriew jong ki wei pat ki samla kynthei kiba u iohi ki long kum ki khlur. Shuh shuh u myllung u pynshai ba ka jingbhabriew kata ka theisamla ka long haduh katta katta, ha kaba ka paw tang ma ka marwei ha khmat u myllung napdeng kita ki theisamla kiba bun, shuh shuh u pynshai wat la ki don bun hajar ki theisamla hynrei ka jingbhabriew kata ka theisamla ka kah ia ki khmat jong u myllung ban iohi ia kita kiwei pat ki theisamla, kumba u pynpaw ha kine ki lain:

Kumno ki khmat jongnga ka lah ban kah,
Haba hajar ryngkat bad ka ki jngi?

Ha ka quatrain ka balai, u myllung u kham pynshai ia ka jingmut, bad kata ka long ba lada don uno uno u syntiew uba itynnat uba puh hapdeng ki skit syntiew ba bun rong, khlem pep ka khmat briew kan shankhmat tang ia uta u wei. Uta u syntiew un pyniapbieit ia ka khmat briew bad un pynikwah ban kheit ia u bad ban sien ia u ha lade hi. Ha ka jingsngew u myllung, uba kum uta u syntiew un long uba khamñiar ban shem ha snieh pyrthei. U myllung u phla ba ma u ruh un kwah ban jied ia kata kaba kham kyrpang ban ioh ha ka jingim jong u, u pynskhem ba ula hun ban ioh kheit tang ia uta u tiewlyngskaw namar ka mynsiem ka jied tang ia u, kumba u pynpaw ha kine ki lain:

Ia u kan kheit, ia u ka dei ban phong,
Ne kan ym shem kum u ha snieh pyrthei.

Ha ka couplet u myllung u pynshaikdar ia ki jingmut kiba u la pashat ha ki laitylli ki quatrain. Ka couplet ha kane ka sonnet ka long kum ka jingpynskhem ia ka jingmut kaba u myllung u don ha kaba iadei bad ka phang kaba u wanrah. U pyndonkam da ka couplet kum ka jingpynshai ne ka jingpynkutnia ia kaei kaba u don ban phalang ha ka sonnet jong u. Ngi dei ban kynmaw hangne ba ka Shakespearean sonnet ka jukut barabor ha ki lain poitri kiba ia hab tara ia ki sur kyntien (rhyming couplet), kum ha kaba kut jong kane ka poim:

Nga ruh ka tang shu paw, ia ka nga jied
Namar nga tip ba ka ka long jingieit.

Ka Par Jingtip:

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3. Wolflang Barrylia Mesha, *Ka Thwet Jingstad*, Vol.IV.No.1 December, 2018.
4. Sten H.W, Swer B.L, War.B, *Ki Snap Ka Bishar Bniah*, Don Bosco Press, Technical School, Shillong, 1985.

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INTERNATIONAL YOUTH DAY- 2024 (Ka sngi kyrpang ki khunroo khyllod shityllup pyrthai)

Ms. F. Dalamki Lytan
Faculty of Economics

Ka United Nation General Assembly (UNGA) kawa da sdang ha u snem 1999 deiwa pynbeit pynsudlang chirup waka World Conference of Ministers Responsible for Youth da pynbna iaka 12 tarik u Naisaphra kam ka International Youth Day (IYD). Ka International Youth Day (IYD) kawa nyngkong duh toh da lehkmen haka 12 tarik u Naisaphra ha u snem 2000. Kani ka sngi man ko kam ka sngi wow e jingtip (awareness day) kawa da saindur daka United Nation iow wanrah ia ki mat iong ki khon khynroo kamjuh leh wow lehkmen ia ki jingshemphang iong ki haka imlang sahlang chityllup ka pyrthai neibhah ki khon khynroo iong I toh man ki ka mynried iong ka mynstep mankawi iong i.

HA KAWON KA RUKOM DA LEHKMEN IA KA INTERNATIONAL YOUTH DAY:

Ia ka International Youth Day (IYD) da lehkmen langba ki musical event, workshops, concert, ki award program wa kiwi kiwi tawan ki program kiwa da pynkhreh da ki schools, ki organization lane ki institution wapher wapher kiwa em ha ka pyrthai waroh kawi.

I JINGMUT HA LYNET KA PHANG INTERNATIONAL YOUTH DAY-2024:

Ka phang iong ka International Youth Day 2024 toh man ko kamni ne “From Clicks to Progress: Youth Digital pathways to Sustainable Development”. Iwa mut wa kammon ki khon khynroo iong I ye ki u tih bniah deiwa pynemkam ki ia ki digital tools (ka bor iong ka kor internet lane ka technology) kamjuh leh wow pynemkam ki ia kani ka rynsan khnang iow ye ki u ku chaphrang wei wow pynneh rta ia ka roi ka man.

Neibhah I kyntein ‘clicks’ pynioo ko ia ki jingrehkam da ki kor computer lane smartphone kamjuh leh ka jingpynlutpor iong ki khon khynroo hakini ki kor lane ki tiar. Katwa ka ktein ‘progress’ won hi pynioo ko ia ka jingku lane jingroi ha ki liang wapher wapher kam haka jingpynneh pynsah ia ka mariang, ka jingman markatjuh haka imlang sahlang kamjuh leh haka roi ka par. Neittea I daw kani ka phang pynioo sakhiat ko ia ka jingemkam iong ka jingshemphang shaphang ka jingpynemkam ia ki kor digital neibynta wow pynneh pynsah rta ia ka roi ka man heini ha sla khyndaw pyrthai.

KA JINGEH WA KI KHON KHYNROO IATAKHUH KI HA KINI KI SNGI KHAMTAM HAKA JUK INTERNET:

Ha kani ka pyrthai internet lane digital ki khon khynroo iong I iatakhuh ki chibun ki jingeh. Kawa nyngkong toh ka Cyber bullying- Ka jingchah niaw bein deiwa pynemkam bakla ia ka internet. Kawa ar toh ka Mental Health issues- Ka jinkchahktah haka bor pyrkhath haduh wa ki khon khynroo ngop ki haka depression. Kawa Le won hi toh ka Privacy Concerns-

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Deiwa sam lane e I cha kiwi ki bru iei bynta iong I de kam ka personal information ka wow ialam bakla ia ki khon khynroo iong i. Kawa Soo toh ka Digital addiction- ka jingngop ha ki kam digital haduh wow chah ktah I chiah I khiah, I purea I puthi, ka jingiachim bynta ki khon khynroo iong I haka imlang sahlang. Kawa san won hi toh ka misinformation- ki jingioh jingtip kiwa bakla ki wow ialam ia ki khon khynroo iong I sha ka jingjot jingpra.

KA JINGMYNTOI WA IOH KI KHON KHYNROO NEI PYNEMKAM IA KA INTERNET:

Ka internet da wai ko ia chibun ki lad ia ki khon khynroo, kitea toh kini hawah:

1. Wailad ko iei ioh jingtip- Ki khon khynroo ye ki u ioh iei won iei won I jingtip wa bniah chaphang kawon kawon ka phang kawa kwah ki hei iatoh wei jingemkam iong ki.
2. Ki jingtip shaphang I purea puthi- Ki online class, ki e sikai tution wa ka lad wow iein paaidbah e ko ia ki khon khynroo ia ki lad ki luti cha ka ioh kam ioh jam kamjuh leh u pynku chuh chuh ia ki hei purea I puthi.
3. Pyniajen ko wa ka pyrthai chityllup kawi- Ka internet wai ko leh ka lad ia ki khon khynroo wow pyniajen lane pyntipmit ia ki lok ki jor, ki nonghikai, ki nongpynioo na kylllein ka pyrthai.
4. E bor e mynsien ko leh ia ki khon khynroo u pynmih ki ia ki video kiwa da chna hi ki ha kani ka rynsan khnang wa ka pyrthai waroh u ioo u chynna ko.
5. Wailad haroh ko ia ki khon khynroo iong I iei thuh khih thuh kreh deiwa tih bniah bha ki hakani ka digital tool.
6. E lad ko ia ki khon khynroo wow man ki ki nongiasaid haka imlang sahlang kamjuh leh haka synshar khaddar.
7. E lad haroh ko ia ki khon khynroo wow sain khih ki napoh ka e-commerce (kattea toh kaonline marketing) kamjuh leh iow chna lane pynmih ia ki apps wapaher wapher.

KAMMON U LEH KHNANG WA KI KHON KHYNROO U EMKTILANG KI HAKA JINGSHNA AIN:

Ka jingkrehlant iong ki khon khynroo nei bynta u chna ia ki ain toh man ki kamni ne:

1. Toh u chna ia ka sein (committee) kawa ye u pynche lane e jingmut ia ki khon khynroo iong i.
2. U iaklam neibynta waroh deiwa pynman ia ki jingialang khnang wa ki khon khynroo u ioh lad ki u e ia ki jingmut jingpyrkhat iong ki hei iathoh wakitea ki ain.
3. U pynman ia ki program wapher wapher na kipor sha kipor khnang wow ioh u e sikai ia ki khon khynroo neibynta u shna ia kini ki ain deiwa pynshlur ia ki u iachimbynta lang ki.

4. U em kattera ka jingiakrehang wa ki thaw purea waroh khnang wa kini ki khon khynroo iong ka juk katni iow ye sakhiat ki u sam ia itea I jingtip jingstad iong ki cha kini ki nongchna ain.
5. Ka bor iong ka kor internet e lad ko ia ki khon khynroo iong I iow ia chim bynta lang ki haka jingiasaid chaphang ka jingchna ain langba ki nia ki yutang lane ki rai kiwa da e ki hakani ka rynsan.
6. Langba kini ki nongshna ain iong I ye haroh ki khon khynroo u kreh hapoh iong ki iow ioh ki kittea ki jingtip lane ki jingsikai kiwa rap bniah.
7. Iwon iwon I jingsdang da ki khon khynroo toh u ioh ki ia ka jingkyrchan na ka dong ka chnat, ka chnong ka thaw, kamjuh leh na ka ri hi waroh kawi khnang wow ye ki u e mynsien ia kini ki nongchna ain.

WA IALEH KA JINGLEHKMEN IA KANI KA INTERNATIONAL YOUTH DAY TOH MAN KO KAWA EMKAM:

Ka jinglehkmen ia ka International Youth Day toh man ko kawa emkam haduh kattera kattera

1. Pynioo ko ia ka jingnoh kylluid mynsien iong ki khon khynroo haka imlang sahang langba ki jingchem, jingshlur lane jingiarap iong ki. Kani ka jingtipmit iong ka sorkar ia ki e mynsien chuh chuh ko ia ki khon khynroo wow nang ku chuh chuh ki chaphrang.
2. Deiwa pyllai jingmut ha kip hang wapher wapher na u snem cha u snem, ka International Youth Day ye ko u wanrah ia ki jingeh kiwa ki khon khynroo chem. Ki ha khmat iong ka pyrthai (kam ka jingduh khih duh kreh, ka jingkulmar iong ka jingmut jingpyrkhat wa kiwi kiwi de).
3. Kani ka International Youth Day e lad ko ia ki khon khynroo iow iachim bynta lang ki haka imlang sahang kamjuh leh haka synshar khadar. Pynchlur chuh chuh ko ia ki u iachim bynta ki haka jingiatoh waka imlang sahang.
4. E lad ko iow ioh kattera ka jingiaklam ha pyrthai iong ki khon khynroo wa ki bru sorkar, ki NGO's (non-governmental organization) wa kiwi de. Kani ka jingiaklam ye ko u wanrah ia ka jingsniawthuh jingmut kawa che iow pynbeit pynsud ia ki jingeh iong ki khon khynroo.
5. Langba kini ki program iong ka International Youth Day ye u iarap ia ki khon khynroo iow ye ki u pynioo lane wanrah ia ki sap iong ki khnang wow ye ki u pynkhreh bniah ia ka mynried iong ki.
6. Na ka por cha ka por da pynman ia ka International Youth Day deiwa e award ia ki khon khynroo khnang wow tipmit ka pyrthai ia ki kamjuh leh iow e bor e mynsien ia kiwi tawan ki khon khynroo iong ka Ri.

Thaba 2022-2024

Alumni Speaks

Dear Friends,

I am pleased to introduce myself as the President of the Jaintia Eastern College Alumni Association (JECAA).



It is with great pride and gratitude that I was elected as the President of JECAA from 2025-26. This role allows me to give back to the institution that has shaped my life in countless ways. I graduated in 2024 with a Bachelor Degree in Political Science and was an active cadet in the NCC.

I participated in several camps and successfully completed 'C' Certificate examination conducted by the Shillong Group NCC. Both my academic journey and NCC experience at JEC played a vital role in preparing me for personal and professional success.

Jaintia Eastern College has been a pillar of quality education for over 3 decades, empowering students from diverse backgrounds. Today, our alumni community is over 6,000 strong, representing a vibrant mix of lawyers, entrepreneurs, artists, educators, community leaders, and administrators.

As members of the Alumni Association, we take pride in the legacy left by those before us and are committed to building an even stronger future. The JECAA aims to expand its membership, support the college's development initiatives, and create meaningful engagement through activities and events for alumni within the district and beyond.

Your involvement in the Alumni Association contributes to the continued success of our students and strengthens the bond with our alma mater. For more information about JECAA and upcoming events, please visit the JEC website or follow us on Facebook.

Warm regards,

Shri. Pynhunlangki Sutong

President, JEC Alumni Association

Batch - 2024

Alumni are not just former students; they are the living embodiment of an institution's achievements and values – anonymous

Thaba 2022-2024

Hello Dear JECians

It give me immense pleasure to share my professional journey with you. I am currently working at Axis Bank Ltd, Laitumkhrach Branch.

I stepped into **Jaintia Eastern College** to pursue a **Bachelor of Commerce (Hons)** to enrich my education. After completing my studies, I began my career as a **Assistant Manager** and my role is “Branch Relationship Officer”. To further my education I have completed my Postgraduate Diploma in Banking Service.



I am truly grateful that I started my higher education journey at Jaintia Eastern College. I must say, choosing JEC was one of the best decisions I have ever made.

I strongly believe:

“First, believe in yourself and then, believe in the institution.”

Dear friends, always welcome difficulties and challenges in your life. They make us stronger, better, and bring out the best in us.

To my juniors, my humble advice is:

Make the most of your time. When it’s time to enjoy college life, live it to the fullest but when it’s time to study, devote yourself to it with 100% commitment.

In the race of your professional life, you will come across three horses: **Skill, Luck, and Mercy**. Choose the first one “**Skill**” for it will stay with you forever. But to ride it successfully, you must acquire the ability through hard work and passion.

This is the right time for you. Make it count.

Warm regards,

Shri. Dephos Dkhar

Village: Khliehmyntriang
East Jaintia Hills District
Graduation year 2023

Thaba 2022-2024

Hello friends,

It has been a great pleasure and honour to be a part of Jaintia Eastern College. The college has played a pivotal role in shaping my personality and laying the foundation for my career. I cherish the fond memories of my time here, both as a student and now as an Assistant Professor. The support and belief shown in me during my student days by my mentors will always remain close to my heart.



The knowledge and experience I gained at this institution have continually been a source of encouragement and strength. It gives me immense joy to now contribute to the same mission, helping students grow and achieve their goals. I take pride in being involved in initiatives that empower and guide the next generation.

I owe much of my success to Jaintia Eastern College and extend my heartfelt wishes for its continued progress and excellence in the years ahead.

Regards

Rudawanshwa Supooh

Batch 2015

Hello Dear JECians,

I began my journey at **Jaintia Eastern College** as a Bachelor of Commerce (Hons) student. The three years, I spent at JEC played a crucial role in shaping my career and personal growth.



JEC helped me discover my strengths and weaknesses, and it was here that I developed self-motivation, discipline, and study techniques that will benefit me throughout my life.

The campus placement held at JEC was a turning point in my career. I was selected by the De Paul School, Visakhapatnam, Andhra Pradesh and since then, I have been working as a teacher in Communicative English.

As a proud JECian, I sincerely hope that my juniors will carry the legacy forward, take JEC to greater heights, and grow into the best versions of themselves.

Best wishes always!

Miss Pretty Dkhar

Graduation year 2022

Thaba 2022-2024

Hey JECians,

I hope you're all doing great!

You know, what often feels like the end is actually a new beginning that exactly how my journey at Jaintia Eastern College started. I am a graduate of Bachelor of Commerce (Finance) and Postgraduate Diploma holder in Banking.



Like many 12th pass students, I was initially a bit disheartened. The thought of leaving school behind felt like the end of something familiar and comforting. But soon, I realized it was the beginning of something even more beautiful. A new place, new faces yes, I was a little nervous, but also incredibly excited. And that's how my story at JEC began.

JEC gave me so much, more than I had ever expected. I learned, laughed, cried, and experienced countless moments that I still cherish today. The memories and the lessons from JEC are etched in my heart forever.

From the very first induction session led by Sir Ban, our respected Head Department of Commerce, to insightful discussions and classroom sessions he stood by us throughout the journey. If you haven't yet found a role model to look up to, trust me, JEC is the perfect place to discover not just one, but many inspiring personalities.

So, here's my advice: Along with academics, take time to learn from their values, their decisions, and their stories. You may not realize it immediately, but every step they take is for your growth and one day, you'll be thankful.

Looking back, my JEC journey is filled with wonderful memories and amazing experiences: "Personality Development Program," Placement Drives, Industrial Visits, Educational Tour and trekking. Now, I eagerly look forward to our next "Homecoming Alumni Meet."

At present, I'm working in ICICI Bank Ltd at Khliehriat Branch as a Deputy Manager. And I wholeheartedly thank the JEC family for helping me recognize my true skills and potential that's the very reason I am where I am today. To all of you reading this: Make the most of this precious time. After college, you'll realize how rare it is to find such genuine, supportive souls again. Talk to your mentors, seek their advice they'll change your outlook on life. And if you have something new to express or discover, believe in yourself and take the first step. JEC will give you the platform, you just have to show up.

Good luck and lots of love,

Shri. Khlur Bareh
Graduation year 2023

Thaba 2022-2024

Hello Friends,

It gives me immense pleasure to share my professional journey with you. I stepped into **Jaintia Eastern College** to pursue a degree in **Bachelor of Commerce (Hons)**, aiming to enrich my education and broaden my horizons. After completing my studies, I joined as a Teacher at Christu Jyothi Convent Sr. Secondary School, Baraut, Baghat, Uttar Pradesh.



I am truly grateful that I began my higher education journey at Jaintia Eastern College. That phase marked the beginning of the second stage of my life, and I must say, choosing JEC was one of the best decisions I've ever made.

Trust me, JEC is not just a college where you attend classes and study from textbooks. It is a nurturing environment where teachers go beyond academics. They guide, support, and shape students with the care of parents instilling values, encouraging participation in extracurricular activities, and building a strong foundation that helps us achieve our goals throughout life.

Dear friends, make the most of the opportunities and privileges that JEC offers because once these golden days are gone, they never come back. Sometimes, when I sit quietly and reflect on my college memories, I feel immense joy and peace knowing I made the most of my time whether through extra classes, events, or activities.

I truly believe JEC is a "Home away from Home" a place where you can learn, grow, and enjoy life at the same time.

I would like to express my heartfelt thanks to Sir Ban and all the faculty members of Commerce Department for their sincere efforts in shaping my career. A special thanks to Dr. P. Nongtdu, Principal of College who always encourage us to move from our comfort zone to earn our livelihood, and I wish all the very best to my young JEC friends.

May your journey be as fulfilling and inspiring as mine.

Warm regards,
Miss Diamond Rymbai
Village: Khliehriat East, EJHD
Graduation year 2022

Thaba 2022-2024

Hello Dear JECians,

My journey at Jaintia Eastern College can be summed up in three words Dream, Design, Do. In the first year, I dared to dream and embraced new beginnings; the second year was about designing my path, building on strengths, and shaping my future; and the final year was about doing turning those dreams into reality with confidence and purpose. College is more than a race it's a journey of lessons, laughter, and growth. Cherish each moment, make every day count, and don't fear taking chances, because one day you'll look back and realize these were your happy days. I am deeply grateful to Sir Ban, teacher in-charge Career Guidance and Placement Cell, and all the mentors at JEC who helped shape who I am today. Currently, I serve as a teacher at St. Mary's Senior Secondary School, Jorhat, Assam, and say with pride Yes, I am a JECian! You're not here to chase everything, just what truly matters. Learn, grow, be kind, and above all, believe in yourself.

With warm regards and best wishes,

Grafenbeth Thoo

Graduation year 2023

Hello Dear JECians

At the very outset I would like to express my heartiest thanks to the JEC family. I am fine and hope that you too will be in the best of your moods and spirits. The time spent there will be always appreciable and memorable throughout my life. The journey of three years had been a cakewalk only because of the full support of my teachers and the other non-teaching staff of the College.



I extend my warm regards to my department, the Department of Commerce which has immensely helped me succeed. I am highly indebted to the entire JEC family, in particular, Department of Commerce for helping me achieve great heights for the generous contribution you have made to my educational and academic pursuit. The knowledge and experience gained here is and will be always be helpful. I feel so privileged that you chose me for being a member of the Jaintia Eastern College Alumni Association. It will be really a great honour for being part of this association.

Regards

Mr. Surajit Chanda
Businnes Development Manager
SR Edu Technologies, Shillong
Meghalaya, India

Thaba 2022-2024

Hello JECians

JEC educate students in a very creative way and encourage them to think out of the box. I observed that the teaching methods here are refreshingly unique. The teachers and staff are really helpful and ensure that every student feels comfortable and is able to grow both academically and personally. Moreover, the college not only helps me to excel in the academic field, but also teaches me a lot about different culture and how to appreciate them.



I would like to thank JEC for being so supportive and helping me throughout to develop my personality thereby making me what I am today. The faculty and college management have been very helpful and friendly. I wish this institution goes on doing to help students achieve their dreams.

I wish this esteemed institution continued success in empowering students and helping them fulfil their dreams.

Currently I am working as a part time teachers at JEC

With warm regards and best wishes,
Miss. Beronika Tangliang
(First Batch MA Education),

Hello Dear JECians,

At the very outset, I would like to express my heartfelt gratitude to the entire JEC family. I hope this message finds you all in great spirits. I am doing well and often look back with deep appreciation on the time I spent at Jaintia Eastern College, especially the two memorable years I spent in the college hostel - memories I will cherish for a lifetime.



The two-year journey was both smooth and enriching, made possible by the unwavering support of our dedicated teachers and the ever-helpful non-teaching staff.

I extend my warmest regards to the Postgraduate Department of Khasi, which played a pivotal role in shaping my academic journey. I am truly indebted to the entire JEC family, especially the faculty members, for their invaluable guidance and support. Your generous contribution to my education has been instrumental in my personal and academic growth. The knowledge and experiences I gained at JEC continue to guide me and will always hold a special place in my heart.

With warm regards and best wishes,
Miss Risakmen Sungoh
First Batch MA Khasi

Thaba 2022-2024

Hello Dear JECians

As an Alumni of Khasi Department of Jaintia Eastern College, it is noteworthy to mention that the college has plenty of resources producing better graduates and making them flexible for working in any environment and performing in difficult challenges with efficiency. The college isn't just a group of buildings but an epitome of knowledge and treasury of success.



It gives me immense pleasure to see JEC growing stronger in many ways and expanding its reach to other fields of learning as well. It is a place of knowledge and bliss. The college has moulded my personality and clarified my vision of the future. The enthusiastic, supportive and encouraging faculty makes learning a delight at JEC. It provides a conducive atmosphere and an opportunity to learn and grow. It not only boosts for academics but for other extra-curricular activities that help in enhancing the personality of students.

Currently I am working at District Court & Sessions, EJHD, Khliehriat

Warm Regards

Miss Rilaburom Nongtdu
Khliehriat West

“Education is the key to unlocking the world; a passport to freedom”

-Oprah winfrey

Kindness

Lily Sympli

M.A 3rd Sem Education (PG)

"Kindness is a choice, and every Small act has the potential to transform lives"

Once upon a time in a small village of Juural America, in the rolling of the hills a kind-hearted girl named Sarah was known throughout the community for her compassion. Whenever she could her extraordinary kindness always helped others

Walking one sunny morning, to the market, Sarah noticed an old man by the roadside, looking sad and hungry. His clothes were tattered, and he had a long white beard. Sarah approached him and asked. "Sir, have you eaten today and do you need help?" He smiled weakly, "I haven't dear? Without a second thought she offered her lunch, which was delicious slice and vegetables to him. The old man gratefully accepted it and thanked her, saying, "your kindness will be rewarded. Feeling happy, Sarah continued on her way.

A few days later, as she was playing near the river, she slipped and fell into the water. She struggled to stay afloat, and just when she thought she would drown, the old man appeared out of nowhere. He reached out his hand and pulled her to safety. Sarah, "Thank you! She was shocked and grateful, how did you find me?" He smiled and said, "I am an old man, I am to repay your kindness today." From that kindness a just fairy blessed Sarah's good deed and saved her. Sarah learned a great lesson that helping others brings unexpected even reward. The villagers admired her more, and Sarah continued to spread kindness knowing that it will always comes back in a beautiful ways.

References

1. V, Sarah. Dubois, Claude. K (illustrator) Hahn, Daniel (Translator), (2017) "*The Old Man*", Published by Gecko Press, retrieved from [https://www.goodreads.com>show](https://www.goodreads.com/show). on 23rd October 2024
2. Cutler, Howard C. (2011) "*The kindness Revolution*", retrieved on 23rd October 2024 from [https://www. amazon.in> Books](https://www.amazon.in>Books)

"No act of kindness, no matter how small is ever wasted"

Thaba 2022-2024

-Aesop

ACHIEVEMENTS OF COLLEGE AND TEACHERS

Congratulations

Postgraduate programme

- M.A. Khasi and M.A. Education (2022)

Ph.D. Achievements:

- Dr. (Mrs.) Ibakordor Tiewsoh (2023)
- Dr. (Mrs.) R. Merika Nongtdu (2024)

NET Qualified:--

- Miss Sapna Suchiang
- Miss Wakawanhi N. Swer

Thaba 2022-2024

Seminar & Workshop

1. Special Lecture "On the Life and Contribution of Kiri Dhar, Daloi of Elaka Shangpung on 10.11.2022
2. One Day Workshop on CUET on 23.04.2022
3. One Day Regional Workshop and Training for "Elementary Schools Teachers, EJHD on 09.09.2022

One Day Workshop & Training on

Development of Tools for Indigenous (India) Knowledge System (IKS)

On the 30th September 2022, at Jaintia Eastern College, Khliehriat.



The gift of knowledge is the highest gift in the world – Swami Vivekananda

One Day Workshop

Thaba 2022-2024

Organized by Department of Education & IQAC

In collaboration with RUSA, Shillong

Date:07.03.2022



Thaba 2022-2024



Thaba 2022-2024

One Day Regional Workshop



Thaba 2022-2024



Thaba 2022-2024

**Red Ribbon Club Youth Festival Date: 27th -29th July 2023
(Day-1)**



Thaba 2022-2024



Thaba 2022-2024

Day-II



Thaba 2022-2024

Day III



Thaba 2022-2024

Two Day Workshop and Training Career Opportunities in Tourism Sector

Date: 14.10.2023



Thaba 2022-2024



Thaba 2022-2024

INTERNATIONAL YOGA DAY, 2023

Theme: Yoga for Vasudhaiva Kutumbakam 'one Earth, one Family, one Future'

Date: 21st June, 2023



Thaba 2022-2024



Khliehriāt, Meghalaya, India
996C+329, Khliehriāt, Meghalaya 793200, India
Lat 25.360582°
Long 92.3699468°

Thaba 2022-2024

WORLD ENVIRONMENT DAY
DATE : 5TH JUNE, 2023



Thaba 2022-2024

WORLD TOBACCO DAY
DATE; 23.05.2023



Thaba 2022-2024

Mock Drill



Thaba 2022-2024

Exhibition on Sardar Patel- The Architect of Unification

Date: 31st October 2022



Thaba 2022-2024

UNNAT BHARAT ABHIYAN



TREKKING TO NARWAN VILLAGE

**Special Camping to Uml yngsha Village
Date: 11.06.2023**



Thaba 2022-2024

Special Camping to Umlyingsha Village
Date:11.06.2023



Thaba 2022-2024

ACTIVITIES IN PICTURES OF THE SPECIALCAMP 2022 AT NARWAN ADOPTED VILLAGE



Thaba 2022-2024



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Thaba 2022-2024

EDUCATIONAL TOUR Department of Education Study Tour at NEHU, Shillong



Thaba 2022-2024

Department of Economics

Study Tour at Ialong Park



Thaba 2022-2024

Department of History

Study Tour at Syndai Village



Thaba 2022-2024

Market Day



Thaba 2022-2024

College Fiesta



Thaba 2022-2024



Thaba 2022-2024



Thaba 2022-2024

GRADUATION DAY



Thaba 2022-2024

Retailer Management (Internship)





JAINTIA EASTERN COLLEGE, KHLIEHRIAT

📍 East Jaintia Hills District, Meghalaya - 793200
(Affiliated to North Eastern Hill University)
Re-Accredited Grade 'B' By NAAC (2nd Cycle)

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MOTO : "EDUCATION FOR ALL"